

# Future Horizons

PSHE & CITIZENSHIP AT SDCC:

# PSHE GUIDANCE from DfE

***Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.***

PSHE is a non-statutory subject. However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

## **Sex and relationship education**

Sex and relationship education (SRE) is an important part of PSHE education and is statutory in maintained secondary schools.

When any school provides SRE they must have regard to the [Secretary of State's guidance](#) ; this is a statutory duty. Academies do not have to provide SRE but must also have regard to Secretary of State's guidance when they do.

***We have written to all parents regarding this element and the letter remains on this area of the website.***

## **Additional support**

We want teachers to be free to address the topics most relevant for their pupils, drawing on good practice and advice from professional organisations. Schools are free to use the organisations and resources they choose and we encourage organisations to develop guidance for schools in the areas of their expertise.

***At SDCC, we have used Collins Publication 'Your Life' to support coverage of all key areas of PSHE whilst applying this to our own context.***

# National Curriculum Links

- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/381754/SECONDARY\\_national\\_curriculum.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/381754/SECONDARY_national_curriculum.pdf)
- <https://www.gov.uk/government/publications/national-curriculum-in-england-citizenship-programmes-of-study/national-curriculum-in-england-citizenship-programmes-of-study-for-key-stages-3-and-4>



# Year 7 Topics

## TERM 1

- General Introduction to PSHE & class routines (entry, register, equipment, routines for progress)
- 1. You & your feelings (2 sessions)
- 2. You and your body (2 sessions)
- 4. You and your time (1 session)
- 6. You and your family (1 session)
- 7. You and your body (1 session)
- 8. and 12. You and the law (4 sessions)
- **11. and 16. You and your money (3 sessions) Weeks 12-14**
- TOTAL: 14 sessions

## TERM 2 RS FOCUS

- 3. You & your responsibilities (1 session)
- 5. You and your values (2 sessions)
- 9. You and other people (2 sessions)
- 10. You and the media (1 sessions)
- 15. You and the community (2 sessions)
- **17. You and your opinions (2 sessions) Weeks 9-10**
- 21. You and the community (2 sessions)
- Total: 12 sessions

## TERM 3

- **13. and 20. You and the world of work (3 sessions) Weeks 1-3**
- 14. You and your body (1 session)
- 18. You and your body (1 sessions)
- 19. You as a citizen (1 sessions)
- 22. You and other people (1 session)
- 23. You and global issues (2 sessions)
- **24: You and your achievements (1 session) Evaluation Lesson Week 10**
- Total: 10 sessions

Red Text indicates Careers Focus

# Year 8 Topics

## TERM 1

- General Introduction to PSHE & class routines (entry, register, equipment, routines for progress)
- 1. You & your feelings (2 sessions)
- 2. You and your body (2 sessions)
- 4. you and your money (1 session)
- 7. You and your safety (2 session)
- 8. and 12. You and the law (2 sessions)
- CHAPTER 14 FROM BOOK 3 - choices (1 session)
- 10. and 21. You and other people (2 sessions)
- 11. and 16. You and the media (2 sessions)
- TOTAL: 14 sessions

## TERM 2 RS FOCUS

- 3. You & your responsibilities (2 sessions)
- 5. You and your values (2 sessions)
- 6. You and your family (2 sessions)
- 9. You and your money (2 sessions)
- 14. You and your body (2 sessions)
- 17. You and your body (2 sessions)
- Total: 12 sessions

## TERM 3

- 12. You and your time (1 sessions)
- 13. and 19. You and the world of work (2 session)
- 15. You and the community (2 sessions)
- 16. You and your opinions (2 sessions)
- 20. You and the community (1 session)
- 22. You and global issues (1 sessions)
- 23: You and your achievements (1 session)
- Total: 10 sessions

# Year 9 Topics

## TERM 1

- General Introduction to PSHE & class routines (entry, register, equipment, routines for progress)
- 1. You & your body (2 sessions)
- **3. You and your decisions (2 sessions)**
- 4. you and your family (2 session)
- **6. You and your money (1 session)**
- 7. You and your feelings (2 sessions)
- 8. You and your body (1 sessions)
- 10. and 21. You and other people (2 sessions)
- **11. You and the world of work (2 sessions)**
- TOTAL: 14 sessions

## TERM 2 RS FOCUS

- **2. You & your responsibilities (2 sessions)**
- **5. You and your rights (3 sessions)**
- **9. You and the law (3 sessions)**
- **15. You and the law (2 sessions)**
- **22. You and global issues (2 sessions)**
- Total: 12 sessions

## TERM 3

- 12. and 16. You and the media, opinions (2 sessions)
- 13. and 17. You and your body (1 session)
- **18. You and your money (2 session)**
- **19. You as a citizen (1-2 sessions)**
- 20. You and the community (1-2 sessions)
- **23: You and your achievements (1 session)**
- Total: 10 sessions



# Year 10 Topics

## TERM 1

- General Introduction to PSHE & class routines (entry, register, equipment, routines for progress)
- 1. Developing your ID (2 sessions)
- 2. Managing your emotions (2 sessions)
- **5. Thinking ahead (1 session)**
- 10. Healthy eating (1 session)
- 11. Safer sex (1 sessions)
- 12. Drinking and smoking (1 sessions)
- 13. Health matters (2 sessions)
- 16. and 17. It's your government (4 sessions)
- TOTAL: 14 sessions

## TERM 2 RS FOCUS

- 3. Changing relationships (2 sessions)
- 4. Coping with crises (2 sessions)
- 6. Britain: a diverse society (3 sessions)
- 7. Human rights (3 sessions)
- **9. Rights and responsibilities (2 sessions)**
- Total: 12 sessions

## TERM 3

- 9. Challenging offensive behaviour (1 sessions)
- 14. The law of the land (2 session)
- 15. Crime and punishment (2 session)
- **18. Working for change (2 sessions)**
- **19-21. Managing your money (2 sessions)**
- **22: You and your achievements (1 session)**
- Total: 10 sessions
- **WORK EXPERIENCE**

# Year 11 Topics

## TERM 1

- General Introduction to PSHE & class routines (entry, register, equipment, routines for progress)
- 1. Developing your own values (2 sessions)
- 2. Managing your time (2 sessions)
- **5. Thinking ahead (2 session)**
- 8. Media matters (2 session)
- 10. Managing stress (1 sessions)
- 12. Drugs (1 sessions)
- 14. UK's role in the world (2 sessions)
- **19-21. Managing your money (2 sessions)**
- TOTAL: 14 sessions

## TERM 2 RS FOCUS

- 3. Marriage and commitment (1 sessions)
- 4. Parenthood (1 sessions)
- 6. Human rights (2 sessions)
- 7. Global challenges (2 sessions)
- 9. Challenging offensive behaviour (2 sessions)
- 11. Safer sex (1 session)
- 15.-18. Global challenges and citizenship (3 sessions)
- Total: 12 sessions

## TERM 3

- RE revision work (6 sessions)
- Total: 6 sessions