



Student Bulletin

19 October 2026

WEEK B

What's on this week? Clubs Timetable - Monday

BREAK 1	BREAK 2	AFTER SCHOOL
SPARX - all years in B1	SPARX - all years in B1.	CRICKET CLUB (Sports Hall) - SIXTH FORM ONLY.
	Dance Club - Year 7, 8 and 9 in DA1. Ball Games - All Years on the 4G Pitch. Girls Only Cricket - All Years. GCSE PE Support - Year 11 Only.	
	Year 10 Band - MU2. Drama Club - DR2.	



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What's on this week? Clubs Timetable - Tuesday

BREAK 1	BREAK 2	AFTER SCHOOL
SPARX - All Years in B1.	SPARX - All Years in B1.	Pickleball - All Years in the Sports Hall. Girls only Football Club (Week A) - All Years on the Astro. Health and Fitness Club - Boys Only in The Space.
	Ball Games - All Years on the 4G Pitch. Basketball (Week A) - Year 11 in the Gymnasium. Table Tennis (Week B) - Year 11 in the Gymnasium. Health and Fitness Club - All Years in the Fitness Suite.	
	Folk Band - MU1. Year 8 Band - MU2.	Sixth Form Band/WWRY Band - MU2.



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What's on this week? Clubs Timetable - Wednesday

BREAK 1	BREAK 2	AFTER SCHOOL
SPARX - All Years in B1.	SPARX - All Years in B1.	Rugby Club - Year 7, 8 and 9 on the Front Field. Girls Football Club (Week B) - All Years on the Astro. Boys Dance Project Club – All Years from <u>4.00 pm</u> until <u>5.00 pm</u> .
Year 11 Band - MU2.	Jazz Band - MU1. Year 7 Band - MU2.	WWRY Full Cast - School Hall.
	Cricket Club - All Years in the Sports Hall. Basketball - Year 11 in the Gymnasium <u>NO 4G PITCH BALL GAMES.</u>	
	Christian Union - All Years in A13.	



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What's on this week? Clubs Timetable - Thursday

BREAK 1	BREAK 2	AFTER SCHOOL
SPARX - All Years in B1.	SPARX - All Years in B1.	Netball – All Years in the Sports Hall. Health and Fitness Club - GIRLS ONLY in the Sports Hall. CNAT Sports Studies Revision – Year 11 Only
	Ball Games - All Years on the 4G Pitch. Basketball - Sixth Form in the Gymnasium. Health and Fitness Club - All Years in the Fitness Suite.	Music Centre - MU2.
	Choir - MU2.	



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What's on this week? Clubs Timetable - Friday

BREAK 1	BREAK 2	AFTER SCHOOL
SPARX - All Years in B1.	SPARX - All Years in B1.	
	Ball Games - All Years on the 4G Pitch. Health and Fitness Club - All Years in the Fitness Suite.	
	Orchestra - MU1. Year 9 Band - MU2.	



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What's on this week? Assembly Rota

YEAR GROUP	ROOM
Year 7	SPH
Year 8	Gym
Year 9	Hall/JMB Up
Year 10	Sixth Form
Year 11	JMB Down.



Attendance Winners and Best Attending Sixth Form Tutor Group:

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Sixth Form
Tutor Group:



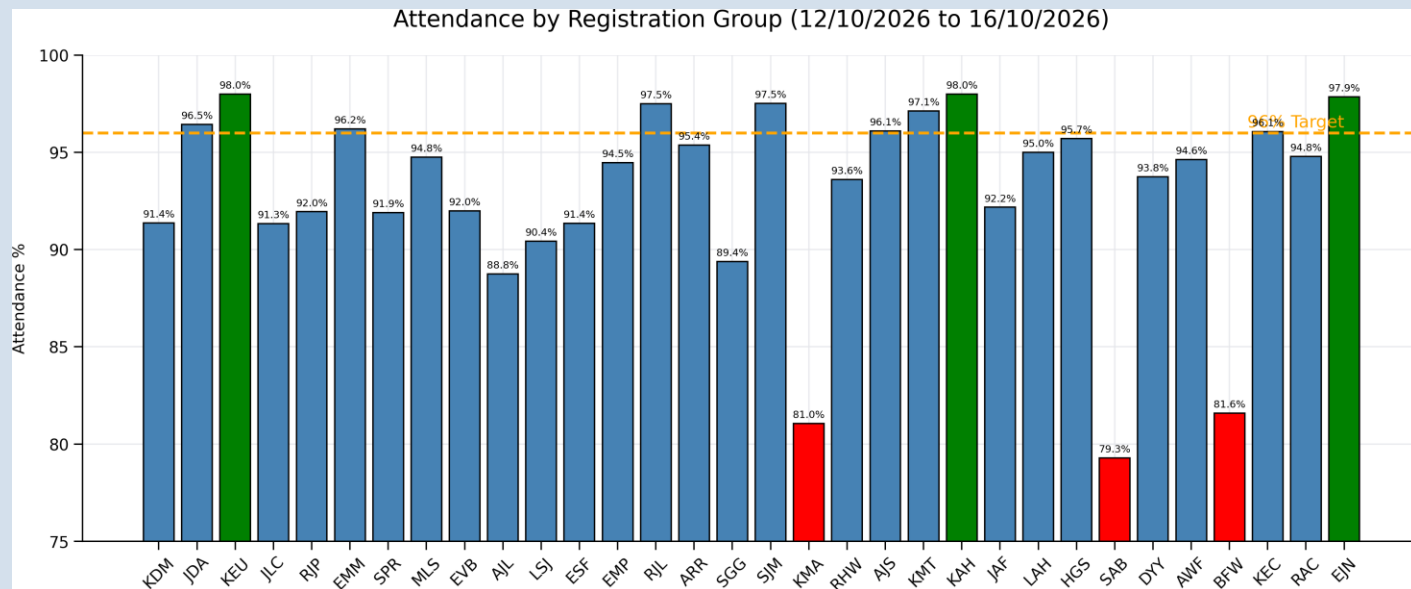


Whole School Attendance

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Safeguarding Team:



Krista Ford
Designated Safeguarding Lead



Dan Vile
Deputy Designated Safeguarding Lead



Mandy Solly
Head of Year 7



Maxine Theobald
Head of Year 8



Stephanie Carter
Head of Year 9



Ross Munro
Head of Year 11



Shell Hammond
Mental Health Lead



Yolanda Davey
Medical Lead



Scan this QR code for quick access to the safeguarding report button on the website.





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Qualified First Aiders:



Yolanda Davey
First Aid Lead



Mandy Solly
Head of Year



Maxine Theobald
Head of Year



Stephanie Carter
Head of Year



Krista Ford
Designated Safeguarding Lead



Ross Munro
Head of Year



Shell Hammond
Mental Health Lead



Rick Dale
D&T Technician

Spencer Bartlett
Premises Manager

Chris Tregidgo
Operations Manager

Dan Vile
Assistant Headteacher

Louise Ogley
Teaching Assistant

PE Department
all PE staff

South Dartmoor Community College



If you are unwell during lesson time, or if there is any medication that needs to be taken, please let your teacher know and they will inform the First Aider, who will come to you.

Please remember: if you are bringing in medication, it needs to be given straight to a member of staff in Medical along with a permission slip. You can find the permission slip on the [college website](#) or ask at reception/in Medical if you can have one.



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Our Values, Vision and Mission

at South Dartmoor Community College

OUR VALUES

Truth

We will pursue truth open-mindedly, seeking to help students to enquire, question and challenge, helping them to be well-rounded, resilient, confident, independent learners with a love for learning.

Respect

We will create a safe community that has at its core an understanding of deep respect for self, for others and for the environment; strong relationships are key.

Equality

We will provide high quality teaching and learning, delivering a broad, knowledge rich curriculum, where high aspirations are the norm and success is celebrated in all students regardless of their background, ethnicity, religion, gender...

Excellence

We will provide students with opportunities in which to excel, to empower them to make free choices as a foundation for the best possible future; with outcomes in line with or better than their peers anywhere in the world.

Our values permeate throughout the ethos of the school; this is a tangible ethos demonstrated by staff role modelling, through subject curricula, student behaviour and attitudes, and parental support and engagement.

OUR VISION

Every child fulfils their potential.

OUR MISSION

Empowering everyone to be the best that they can be.

South Dartmoor Community College

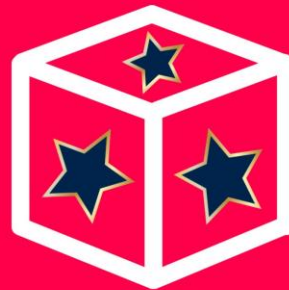




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The Red Box Project
TACKLING PERIOD POVERTY

Red Boxes are located in:

Main Reception • Medical Room • Mrs. Hammond's Office

and with

**Mrs. Avery-Wright • Mrs. Bingham • Mrs. Carr • Miss Goldstone
Mrs. Holt • Mrs. Russell • Mrs. Squires • Mrs. Turner • Miss Upton**





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Library Timetable

The library is mostly a quiet reading and study area. However, to accommodate various uses a timetable has been implemented. Window seats always remain quiet reading areas and behaviour expectations are consistent with the rest of the college.

DAY	BREAK 1	BREAK 2
<u>Monday</u> 8.00 am until 3.30 pm	Quiet Reading No computers, except for homework. No tabletop games.	Quiet Reading No computers, except for homework. No tabletop games.
<u>Tuesday</u> 8.00 am until 4.00 pm	Normal Break Computers and tabletop games available.	Tabletop Games Games may make space slightly louder if reading quietly. No computers, except for homework.
<u>Wednesday</u> 8.00 am until 4.00 pm	Quiet Reading No computers, except for homework. No tabletop games.	Tabletop Games Games may make space slightly louder if reading quietly. No computers, except for homework.
<u>Thursday</u> 8.00 am until 4.00 pm	Normal Break Computers and tabletop games available.	Tabletop Games Games may make space slightly louder if reading quietly. No computers, except for homework.
<u>Friday</u> 8.00 am until 3.30 pm	Homework Club/Quiet Reading No games. No computers, except for homework.	Homework Club/Quiet Reading No games. No computers, except for homework.



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Homework Club in the Library: Friday Break 1 and 2

**Do you need a quiet space to get your homework done?
Would you rather get it done in school so that you
don't have to do it at home?**

Why not complete it in the library every Friday, to free up
your weekends and avoid those detentions!
The library is calm and quiet on Fridays, and Mr B-D is
available to provide a little bit of support if needed.



THE LIBRARY
South Dartmoor



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Year 11 Support Sessions.

Day	Break 2	After School
Mon	GCSE PE in PE1	Geography in B13
	Geography in B13	
Tues	Religious Studies in RS3	English in B4 & B6
	D & T in WS1	Art Open House in AT1 & AT3
Weds	Spanish in B11	Maths in B2, B9, B10 & B20
		History & Ancient History in B15 & B18 - Week B
Thurs	French in B12	Science in SC1 (from 1 st October)
	CNAT in PE1	CNAT in PE1
	English in B17	Maths in B2 (for any Wed clash students)
Fri	Business Studies in A16	Psychology in RS1 (from 2 nd October)

Art Open House: Sessions available every lunchtime – please ask your teacher
Music, Drama, Dance and Child Care: One to one tutorials, or ask your teacher

REVISION STRATEGIES

South Dartmoor Community College



1 Flashcards

- Use index cards to jot down the key information from a topic, theory, core study, etc.
- Use the index cards to test yourself later on.
- You can make them pretty or rough – both work, as long as you can read your writing.



2 Typed flashcards

- Typed or online flashcards are also great.
- The Quizlet app allows you to test yourself anytime and anywhere.
- You can add photos and text, and they are easy to organise and edit.
- The write function gives you a description and you test your knowledge by writing the key term. It saves progress too, so you can return to them later.



3 Summary pages

- Grab a notebook and write summaries for theory, topic or core study.
- Get the key information down and get used to summarising the content; you will do this in an exam.
- On one side have the content/key research, and on the other side have the evaluation.



4 Quizzes

- Write questions to test yourself on content. Once written, leave them for a while so that you are not simply remembering what you have just written.
- Ask family/friends to use these to quiz you, or quiz yourself.
- Create Kahoot quizzes and compete with friends, or use their wealth of pre-existing quizzes.



7 Revision clocks

- On a piece of paper with a clock in the middle, divide by how many ideas you are recapping, or how much time you think you need for each one (6 blocks = 10 minutes each).
- Give each section a title.
- Fill in each section with information/diagrams from memory within the time limit.
- Go back and fill in any missing information.



8 Cued to free recall

- Create a comprehensive list of prompts for the information you want to recall.
- When you need to recall information, take out a new document or paper and add cues from your master list.
- After multiple recall sessions, gradually remove cues as you become more confident with the material, eventually transitioning to free recall.

Cues	Free Recall
• Biology	• No
• Chemistry	• No
• Maths	• No
• English	• No
• History	• No

5 Mind maps

- Pick a topic, theme, core study or key area to put in the centre of the mind map.
- Each branch should represent a different idea or aspect.
- Make it colourful and add diagrams or drawings to help represent your ideas.
- Good for linking conceptions and making associations between ideas.



6 Folding frenzy

- **Notes:** Write on one side of A4 – terms, definitions, research, evaluation. Fold.
- **Graphic organiser:** Create a graphic organiser on the A5 side. Represent the most important aspects. Fold.
- **Flashcard:** Write on the A6 side – 5-6 summary sentences. Turn over.
- **Symbols:** On the last A6 side – draw symbols to help you remember.



9 Cornell method

- Split your page into three. Start with section 2 and, using your booklet/notes, write down key terms, statistics, numbers or equations.
- Move onto section 1 – without your notes, using only the key information you put in section 2, make more detailed notes.
- Finally, in section 3 summarise the main ideas in 3-4 sentences.



10 'Prepare to teach'

- Plan to teach a topic/core piece of research. The planning process requires cognitive elaboration and deeper processing – you need to learn the content well enough to teach it. You could teach a peer within your subject, or someone who does not take that subject.
- Protégé effect – students enlisted to tutor others work harder to understand the material, recall it more accurately and apply it more effectively.



11 Card sorts

- Helps you to organise information and make links between different aspects.
- Easy to make and quick to revise with once they are made.
- You could use card sorts for definitions, to put tables of information back together or match content to topics.
- Can be used again and again to rehearse the same information.



12 Past questions

- Practice examination questions over and over, well-spaced over time.
- Select topics you have just revised to secure the knowledge.
- Explore worked examples or exam answers as well as writing your own, which helps process, practice and refine your revision.





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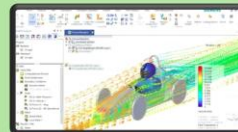
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Greenpower Kit Car Club

Thursday Break 2. TE1 in DT.

Design:



Build:

Race:



Learn to design, build and race an electric kit car at a national competitive level.



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HOMEWORK CLUB



Wednesday Lunchtime

IT3

Come along and get support
with any homework you might
be struggling with.



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Water Bottles



Please remember
to bring a water bottle
with you to college.



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Wellbeing Bulletin

AUTUMN 2025

Part of the safety briefing when flying includes this instruction:
Should the cabin experience pressure issues, please remain calm and fit your own mask before helping others.
For some, this can be difficult—especially if it's in our nature to put others before ourselves. But putting your own mask on first is essential.
If you're the person others turn to for advice, support, or simply to listen, or if you're going through your own struggles but keeping them to yourself, remember this: **your voice matters, and you cannot help anyone if you are running on empty.**
Put your mental health first and talk to someone.

In-school support:

School Chaplaincy Service: Thursday
Devon Child and Family Services: by referral through Head of Year
Mental Health Support Team: by referral through Head of Year
Drop-in sessions with Mental Health Lead: Break 1 every day, or booked 1:1 lunchtime session
Young Carers Drop-In: Monday lunchtime
Drawing and Talking/Emotional Logic - support sessions with Mental Health Lead: Timetabled
Students can self-refer to any of the above through Tutors or Heads of Year

mind
for better mental health

CAMPAIGN AGAINST LIVING MISERABLY
SUPPORT AGAINST MISERABLE

Sands
Saving babies' lives. Supporting bereaved families.

WINSTON'S WISH
Giving hope to grieving children

Kinship

THE MIX
Essential support for under-25s

South Dartmoor Community College



It can be hard when you are dealing with your own mental health or that of others.

If you feel that you would like someone to talk to or some advice, please pop and see Mrs Hammond, our Well Being and Mental Health Lead, during Break 1 (available every day).

For Young Carers this is available on Monday during Break 2.



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The
**SUPER
CURRICULUM**
at South Dartmoor Community College

The Super Curriculum at South Dartmoor Community College offers students the opportunity to extend their learning beyond the classroom.
Inspiring greater confidence in a wide range of subjects, it encourages students to develop new ideas and opinions as well as critical thinking and analytical skills, and nurtures their curiosity to independently seek and understand new information from a variety of sources.

 **READ** Books, news articles, reports, websites

 **WATCH** YouTube videos, films, interviews, documentaries

 **LISTEN** Podcasts, radio programmes, series

 **DO** Make, visit, write, draw, cook, create, take part, volunteer

SCAN
the QR code
to explore the
Super Curriculum
on the college
website



Super Curriculum

South Dartmoor Community College





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If you have misplaced any items, please visit
Lost Property at Main Reception so they can be returned
to their rightful owners.

Remember:

If your name is on the item, it is easier to return to you.



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PRAISE SHOP

Every Thursday in
Student Reception at
Break 2.





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STREATERIES			Spring/Summer 2026 04/05/26, 25/05/26, 15/06/26, 06/07/26, 07/09/26, 28/09/26, 19/10/26
WEEK 1			
MAINS	MAINS		VEGETARIAN
	THAI STYLE CHICKEN SATAY NUT FREE <i>With</i> COCONUT RICE		SWEET & SPICY VEGETABLE STIR FRY ^V <i>With</i> COCONUT RICE
	CREAMY CHICKEN CARBONARA STYLE LASAGNE <i>With</i> HOMEMADE GARLIC FOCACCIA		SUMMER VEGETABLE & BASIL LASAGNE ^V <i>With</i> HOMEMADE GARLIC FOCACCIA
	SWEET PINEAPPLE GLAZED GAMMON <i>With</i> HERBY SMASHED CRISPY NEW POTATOES		CHEESY BUTTERNUT PUFF PASTRY SLICE ^V <i>With</i> HERBY SMASHED CRISPY NEW POTATOES
	CHICKEN MADRAS with Naan Nachos & Mint Yoghurt <i>With</i> YELLOW RICE		BUTTER CHICKPEA CURRY with Naan Nachos & Mint Yoghurt ^V <i>With</i> YELLOW RICE
	BATTERED FISH SAUSAGE/VEG SAUSAGE PIZZA SLICE CHICKEN NUGGETS <i>With</i> CHIPS, GRAVY or IRISH CURRY SAUCE		PIZZA SLICE ^V VEGGIE SAUSAGE ^V <i>With</i> CHIPS, GRAVY or IRISH CURRY SAUCE



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MONDAY

MAINS

THAI STYLE CHICKEN SATAY
NUT FREE

With
COCONUT RICE



VEGETARIAN

SWEET & SPICY
VEGETABLE STIR FRY 

With
COCONUT RICE



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TUESDAY

MAINS

**CREAMY CHICKEN
CARBONARA STYLE
LASAGNE**

With

HOMEMADE GARLIC FOCACCIA



VEGETARIAN

**SUMMER VEGETABLE
& BASIL LASAGNE**

V

With

HOMEMADE GARLIC FOCACCIA



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WEDNESDAY

MAINS

**SWEET PINEAPPLE
GLAZED GAMMON**

With
**HERBY SMASHED CRISPY
NEW POTATOES**



Home
STYLE

VEGETARIAN

**CHEESY BUTTERNUT
PUFF PASTRY SLICE**

With
**HERBY SMASHED CRISPY
NEW POTATOES**





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THURSDAY

MAINS

CHICKEN MADRAS
with Naan Nachos &
Mint Yoghurt

With
YELLOW RICE



VEGETARIAN

BUTTER CHICKPEA CURRY
with Naan Nachos & Mint
Yoghurt

With
YELLOW RICE





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FRIDAY

MAINS

**BATTERED FISH
SAUSAGE/VEG SAUSAGE
PIZZA SLICE
CHICKEN NUGGETS**

With

CHIPS, GRAVY or IRISH CURRY SAUCE



VEGETARIAN

PIZZA SLICE 

VEGGIE SAUSAGE 

With

CHIPS, GRAVY or IRISH CURRY SAUCE



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Mid Morning Break

Pizza from	£1.60
Sausage Roll Homemade	£1.80
Potato Wedges from	£0.60
Mini Hash Browns	£1.40
Cheesy Garlic Bread	£1.20
Pain Au Chocolat	£1.30
Pizza Bagel from	£1.30
Nachos	£1.60

Mousse/Yoghurt	£1.20
Fruit Pot	£0.95
Jelly	£0.90
Cinnamon Swirl	£0.95
Homemade Waffles	£1.40
Homemade Traybake	£1.15
Homemade Cookie	£1.15
Homemade Cakes From	£1.20

Deli Kitchen Hot

Margherita Slice	£1.60
Sausage Bap	£1.75
Pizza Bagel	£1.30
Chicken Nuggets	£1.40
Chicken Wings from	£1.75
Plain Pasta	£1.40
Plain Pasta 1 Topping from	£2.20
Pasta 2 Topping	£2.60
Plain Jacket	£1.60
Plus one filling	£2.20
Plus two fillings	£2.40
Beef Burger	£2.10
Chicken Burger	£2.50

Deli Kitchen Cold

Just Sandwiches	£2.20
Deli Sandwiches	£2.55
Deli Baguettes	£2.95
Deli Wrap	£2.60
Salad Tray from	£2.50

Meal Deal

Streateries Meal, Hot Pasta topped with Sauce or Basic Sandwich with either Homemade Traybake or Fresh Whole Fruit or bottle of water

£2.85

Drinks

Water 500ml	£0.95
Cuplet	£0.65
Aqua 500ml	£1.25
Radnor Fizz 330ml	£1.40
Blue Mountain From	£1.10

Main Meal plus sides and vegetables or salad £2.30

Hot pudding £1.30

STREATERIES PRICES