

South Dartmoor Community College

REACH Programme

Realising Educational Aspirations
through expanding Cultural Horizons

REACH Programme Year 7 – 9

REACH (Realising Educational Aspirations through expanding Cultural Horizons) is a curriculum enrichment initiative for all students in Years 7 – 9. Whilst we recognise and maintain the importance of our taught curriculum and work hard to balance the creative with the academic curriculum, we also acknowledge that new experiences, fostering interests, learning to self-regulate and overcome challenges also play an important role in the development of young people whilst nurturing their sense of self and supporting their well-being.

The enrichment programme is firmly embedded as a part of the SDCC curriculum and enables all KS3 students to dive deeper into their interests and broaden their horizons by trying new experiences and expanding their skillset. The activities on offer are integrated into the school timetable and curriculum with sessions taking place every Wednesday afternoon, either starting at 13:30 or 14:10 and finishing in time for the buses. Most activities are free and on site or within walking/running distance, however there are a small number of more specialised activities e.g. Horse Riding/Rifle Shooting that are either further afield and/or will incur a cost. If finance is a barrier to participation, please don't hesitate to contact jclarke@southdartmoor.devon.sch.uk who will be able to discuss support that we have available.

Each activity runs for a half term with students selecting their preferred activities, a term in advance. Whilst we encourage students to select a range of activities across the year, the same or similar activity can be requested. If allocated to a duplicate activity students will be encouraged to take more responsibility and become leaders, supporting others whilst developing their own leadership skills. We endeavour to allocate students to their preferred activities; however, this may not always be possible due to numbers. In this instance, we will look to ensure that everyone, during the year, has an opportunity to experience a particular activity of interest. The activities on offer are updated termly as some are season dependent!

As part of the REACH programme, students also have access to UNIFROG, an online careers and skills platform, where they can record their activities and the skills they have learnt. This will help to document achievements and build a personalised CV and personal statement, supporting them in future applications to Sixth Form, Apprenticeships, University, and the world of work.

Use this updated brochure to gain a better understanding of the activities on offer for the first term of the 2026 academic year and which ones you would like to be involved in. A form will be shared with students to enable them to select their preferred activities.

Once launched with students they will be invited via Classcharts to complete a form to indicate their preferred activity for the half term.

REACH Opportunities – Autumn 2026

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Boxing **IJS**	13:30–15:10	SPH Reception	On site	£0	14	Sports kit.
Description: Learn the basics of boxing, without being punched! A non-contact club where we will learn to move, attack and defend, whilst developing the physical fitness needed to go the distance. No skill required, just a good attitude, a willingness to try to work hard.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Checkered Minds **EVB**	14:10–15:10	SC4	On site	£0	20	Own clothes optional; school uniform fine.
Description: Welcome to Checkered Minds! Our club is dedicated to the game of chess, a timeless strategy game that offers numerous benefits to its players. Whether you're a seasoned player or a complete beginner, the Chess Club is a great place to enhance your skills, make new friends, and enjoy the problem solving challenge that chess provides.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Circuit Explorers **SJM & RCA**	14:10–15:10	Science TBC	On site	£4	20	Own clothes optional; school uniform fine.
Description: Welcome to Circuit Explorers, a science experience where students dive into the fascinating world of electronics! Over the course of six weeks, you will embark on an exciting journey to build two small electronic devices: an LED decoration and a moisture detector. This is a unique opportunity for students to gain hands-on experience with soldering irons, learning essential skills such as soldering small LEDs, transistors, capacitors, and other electronic components onto printed circuit boards. No prior experience is necessary, making this a perfect chance for beginners to explore and discover the wonders of electronics. Join us for this electrifying adventure and become part of the next generation of innovative tech enthusiasts!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
GCSE Citizenship Studies (Y9) **RMM**	14:10–15:10	TBC	On site	£0	30	Own clothes optional; school uniform fine.
Description: GCSE Citizenship Studies gives students the opportunity to explore how society works and the role they can play within it. Students study democracy and politics, law and justice, rights and responsibilities, and how citizens can bring about change in their communities and beyond. Lessons focus on current affairs, discussion, debate and investigation, helping students develop critical thinking, communication and research skills alongside their subject knowledge. Students need to commit to the full two-year course and will have the opportunity to achieve the AQA GCSE Citizenship Studies qualification at the end of Year 10, giving them the chance to gain a GCSE a year ahead of most other subjects.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Code Quest **ARR**	14:10–15:10	RM04	On site	£0	30	Own clothes optional; school uniform fine.
Description: Join our Code Quest Club to explore programming languages, build projects, solve coding challenges, and collaborate on exciting tech innovations. Open to all skill levels!						

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Cosmic Comics **MBD**	14:10–15:10	Library	On site	£0	20	Own clothes optional; school uniform fine.
Description: Choose between reading through the growing comic book section of the library, discussing the stories you've discovered, OR creating your own characters using a range of guides and references. Not sure what to draw or what powers to give them? Let the dice decide from a list of possible choices. Then plan your own comic book story with some blank comic book pages.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Cycling & Bike Maintenance **RDD & DYY**	14:10–15:10	Te1	On site	£0	15	Sports kit and bike. Can be stored at school if needed.
Description: Embrace your adventurous spirit and discover the thrill of cycling in the stunning landscapes surrounding our school. Whether you're cruising along scenic roads or tackling rugged off-road trails, this activity offers something for everyone. You will explore local routes, build fitness, develop confidence on your bike and learn essential bike maintenance skills, such as basic checks, puncture repairs and keeping your bike roadworthy. Perfect for beginners and experienced cyclists alike, this is a great way to enjoy the outdoors, work as a team and become part of a strong cycling community.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Generations in Motion **AMS**	14:10–15:10	DA1	On site	£0	30	Own clothes optional; school uniform fine.
Description: Use dance to build confidence, creativity and connection with others. In this term-long project, you will develop dance, leadership and communication skills before designing inclusive activities to share with local community groups and older residents. This rewarding activity is a chance to make a positive impact, support wellbeing, celebrate different generations and show how dance can bring people together.						

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Global Voices **KMA & ESF**	14:10–15:10	B12	On site	£0	20	Own clothes optional; school uniform fine.
Description: Can you change someone's mind? Join Debate Club, an exciting oracy activity where you will explore big questions, current issues and ideas that matter. Each week, you'll investigate a new topic before taking part in lively debates, discussions and challenges. You'll build confidence, critical thinking and public speaking skills while learning how to listen carefully, argue your point clearly and challenge ideas respectfully. No experience needed — just bring your curiosity, opinions and a willingness to make your voice heard!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Hit for Six **RJP**	14:10–15:10	SPH/Nets/ Field	On site	£0	16	Sports kit.
Description: Do you have a passion for cricket? Whether you're an experienced player or just starting out, the Boundary Blazers Cricket activity is the perfect place for both boys and girls to hone their skills and enjoy the game. Join us for exciting matches, skill-building sessions, and a chance to be part of a supportive and enthusiastic team. Come and blaze those boundaries with us!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Horse Riding & Stable Management **CJM & JSC**	13:30–15:10	Finlake Riding Centre	Packed lunch	£72	12	Riding clothing if available; boots/wellies. Riding hats can be provided.
Description: On this activity you will have an opportunity to learn to ride or improve your horse-riding skills. You will take part in lessons covering horse care, grooming and stable management. This will all take place at Finlake Riding Stables.						

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Husbandry **ELG & NJO**	13:30–15:10	Zoo Room	On site	£0	24	Own clothes; wellies and waterproofs if wet.
Description: Learn to connect with the environment through learning to care for our Rabbits, Guinea Pigs and Chickens as well cultivating vegetables and flowers for everyone to enjoy. During Husbandry you will look after and care for both the livestock and the horticultural areas of the school farm whilst helping to develop a sustainable legacy for future students to enjoy.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Knitty Gritty meets Mindful Moments **SGG & RHH**	14:10–15:10	On site	On site	£0	15	Own clothes optional; school uniform fine.
Description: Take time to slow down, get creative and enjoy a calm, supportive space through knitting/crochet and mindful activities. This activity is perfect for beginners who would like to learn the basics of knitting & crochet while also exploring simple ways to relax, focus and support wellbeing. Alongside creating your first knitted piece, you may take part in journaling, positive affirmations, mindful colouring, gratitude activities and breathing exercises. Materials are supplied, but you are welcome to bring your own yarn if you have a special project in mind.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Learn to play the Guitar CMA & NEW	14:10–15:10	MU1 or 2	On site	£0	10	Bring a guitar and amp if available; otherwise just bring yourself.
Description: Learn to play the guitar in a fun, relaxed and supportive group. This activity is perfect for beginners or students who already know a few chords and want to build their confidence. You will learn basic strumming patterns, simple chords and familiar songs, with time to practise, play together and develop your own musical style. If you have a guitar, bring it along — if not, just bring yourself and a willingness to have a go!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Lego Legends **NFP**	14:10–15:10	TBC	On site	£0	16	Own clothes optional; school uniform fine.
Description: LEGO activities are a fantastic way to combine fun and learning! Unleash your imagination by building your own creations or perhaps you prefer following the instructions. Whatever your Lego preference join Lego legends to immerse yourself in the endless possibilities that Lego provides.						

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Mission Improvable **EMP**	13:30–15:10	Red Drama	On site	£0	32	Own clothes optional; school uniform fine.
Description: Are you ready to step into the spotlight and ignite your imagination? Look no further than the dynamic improvisation drama troop! In improvisation, scripted lines take a backseat. Instead, you'll dive headfirst into uncharted territory, where quick thinking and wit reign supreme. Together, we'll create scenes, characters, and stories bound to make you laugh with fresh games and scenarios every week.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Nature Leaders **LSJ**	14:10–15:10	B14/ Forest Area	On site	£0	20	Own clothes optional; school uniform fine.
Description: Help make our school greener, more sustainable and better for wildlife while developing practical conservation and leadership skills. Following National Education Nature Park guidance, students will survey wildlife, improve habitats, plant flowers and trees, build homes for nature and carry out projects that enhance biodiversity across the school.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Orienteering **SPR**	14:10–15:10	B13	On site	£0	32	Own clothes optional; school uniform fine.
Description: Ready to put your map-reading and problem-solving skills to the test? Orienteering is an exciting outdoor challenge where you will learn how to navigate, follow clues and make quick decisions as you find your way between checkpoints. You'll build confidence, teamwork, fitness and resilience while exploring the school site and developing useful navigation skills. No experience needed — just bring your energy, curiosity and a willingness to get moving!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Power of Print **KEU**	13:30–15:10	AT2	On site	£0	15	Own clothes optional; school uniform fine.
Description: Ready to get creative and make your mark? Power of Print is a hands-on art activity where you will explore bold patterns, textures and designs using different printing techniques. You will experiment with colour, shape and composition while creating your own original artwork to take home. No experience needed — just bring your imagination, curiosity and a willingness to try something new!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Production experience – We Will Rock You **AJS & RJL**	14:10–15:10	Yellow Drama	On site	£0	N/A	Own clothes optional; school uniform fine.
Description: Step into the world of live theatre and take your performance to the next level! Production Experience is designed for cast members involved in the college production of *We Will Rock You*, giving you extra time to rehearse, develop your character and refine key scenes, songs and choreography. You will build confidence on stage, strengthen your performance skills and work closely with others to help create a polished, exciting and memorable final production. Bring your energy, commitment and willingness to perfect every performance!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Racey Readers **CGL**	13:30–15:10	Library	On site	£0	20	Own clothes optional; school uniform fine.
Description: Embrace the peace and quiet of the stunning school library and lose yourself in your favourite book. Take the opportunity to read something a bit different or simply get stuck into your favourite genre or author. Perhaps you have a book you could recommend to fellow avid readers or suggest to the Librarian that we should have on the shelves. Come and join us and be part of the reading revolution!!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Rifle Shooting **JMG**	14:10–15:10	Front of Admin.	On site	£4	12	Own clothes optional; legs covered. No skirts.
Description: Discover the thrill of air rifle target shooting! This engaging sport enhances focus, patience, and precision, making it a perfect way to sharpen your mental acuity. Whether you're aiming for competition or just a fun hobby, air rifle shooting offers a unique blend of relaxation and excitement. It's a fantastic way to improve hand-eye coordination and build discipline. Plus, it's accessible to all ages and skill levels, providing a safe and controlled environment to develop your skills.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
SDCC Football Challenge Cup **DLM & KDM & JDA**	14:10–15:10	3G Astro	On site	£0	50	Sports kit and football boots suitable for Astro.
Description: You will have the opportunity to play tournament football alongside and against some of the very best football players in the school. Your coaches will train with you for three one hour sessions spanning 3 weeks before teams will play against each other in a mini tournament. Numerous matches will be photographed and filmed and all media images/video will be shared with you.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Sketch book circle **JLC**	13:30–15:10	Te1/TCA	On site	£0	24	Own clothes optional; school uniform fine.
Description: Ready to fill the pages with ideas, colour and creativity? Sketch Book Circle is a relaxed art activity where you will experiment with drawing, mark-making, mixed media and creative prompts to develop your own visual style. You will build confidence, share ideas and create a sketchbook full of original work, from quick sketches to more developed pieces. No experience needed — just bring your imagination, curiosity and a willingness to have a go!						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Trampolining **CAW**	14:10–15:10	SPH	On site	£0	10	PE kit.
Description: Bounce, balance and build confidence through trampolining in a fun and supportive environment. You will learn key trampoline skills, including safe jumping, controlled landings, basic shapes and simple routines, while developing coordination, core strength and body control. Whether you are new to trampolining or already have some experience, this activity is a great way to improve your fitness, confidence and technique.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
T1 Rugby **MLS & EMM**	14:10–15:10	Field	On site	£0	20	PE kit.
Description: T1 Rugby is the new version of Tag Rugby and the perfect way to develop your rugby skills in a fun, fast-paced and non-contact environment. You will improve your passing, evasion, teamwork and decision-making while building confidence on the ball. Whether you are new to rugby or looking to develop your game, T1 Rugby provides the ideal foundations and stepping stones towards playing contact rugby in the future.						
Activity	**Time**	**Location**	**Lunch**	**Cost**	**Places**	**Clothing / Equipment**
The Dark Arts of the Dark Room **JWB**	14:10–15:10	At3	On site	£0	20	Own clothes optional; school uniform fine.
Description: Pinhole photography is a fascinating technique that captures images using a simple light-tight box or container with a tiny hole instead of a lens. When light passes through this small aperture, it projects an inverted image of the outside world onto the opposite side of the box or container. This process relies on the basic principles of light and geometry. Pinhole photography encourages creativity and experimentation, as it allows for long exposure times and unique visual effects. Students will explore pinhole photography by creating their own pinhole cameras using everyday materials and experiment with exposure times to produce captivating images using the college darkroom.						
Activity	**Time**	**Location**	**Lunch**	**Cost**	**Places**	**Clothing / Equipment**
Trail Trotters (Local Trails) **GED & DYY**	13:30–15:10	Dartmoor	Packed lunch required	£0	14	Running shoes, lightweight waterproof coat.
Description: Unleash your adventurous spirit and immerse yourself in the rugged beauty of Dartmoor. Our trail running experience offers you the chance to explore the vast, open moorlands, steep valleys, and stunning granite tors that Dartmoor is famous for. Feel the exhilaration of the wind in your hair and the ground beneath your feet as you navigate through this wild and breath-taking landscape. So, lace up your running shoes, breathe in the fresh, crisp air, and let Dartmoor's natural beauty inspire and invigorate you. Trail running over Dartmoor - it's not just a run, it's an adventure!						
Activity	**Time**	**Location**	**Lunch**	**Cost**	**Places**	**Clothing / Equipment**
Weight and Resistance Training **DPV**	14:10–15:10	Fitness Suite	On site	£0	16	PE kit.
Description: Ready to build strength, fitness and confidence? This practical six-week programme introduces you to weight and resistance training in a safe, supportive environment. You will learn how to use equipment correctly, practise safe lifting techniques, set personal fitness goals and understand how regular strength training can improve resilience, wellbeing and overall fitness. It is not just about lifting weights — it is about building confidence, healthy habits and strength for life!						
Activity	**Time**	**Location**	**Lunch**	**Cost**	**Places**	**Clothing / Equipment**
Yoga **LKS**	14:10–15:10	B21	On site	£0	5	Comfortable loose-fitting clothes.
Description: Yoga will blend the physical and mental aspects of the activity into one wholesome wellbeing package. Learn the basic moves of yoga that will develop your strength, flexibility and coordination. Yoga will also help those taking part to relax, de-stress focus on their own wellbeing in a calm and positive environment.						

Activity	Time	Location	Lunch	Cost	Places	Clothing / Equipment
Ready to take on the wild? **DofE preparation** **DES**	14:10–15:10	TBC	On site	£0	TBC	TBC
Description: This REACH activity is for students signed up to complete their Bronze Duke of Edinburgh's Award. Over the half term, we'll be training for the Expedition section—learning how to navigate, cook outdoors, pitch tents, and work as a team in the great outdoors. Expect hands-on sessions, practical challenges, and the chance to build confidence and resilience in preparation for your qualifying expedition. If you enjoy being outside, solving problems, and working with others, this is your chance to develop real-world skills and have fun doing it. Please note: This REACH activity is for Bronze DofE participants only and will run for one half term per group.						
Activity	**Time**	**Location**	**Lunch**	**Cost**	**Places**	**Clothing / Equipment**
Ten Tors Preparation **ARR**	14:10–15:10	TBC	On site	£0	TBC	TBC
Description: Join our Ten Tors Training preparation programme and prepare for your exciting outdoor adventure across Dartmoor! Develop your essential skills in navigation, map reading, first aid, campcraft, teamwork and expedition planning. Prepare to take part in challenging day walks, night navigation exercises and overnight expeditions while building confidence, resilience, independence and leadership skills. Work together towards the ultimate goal of successfully completing the Ten Tors Challenge 2028! Please note: This REACH activity is for Ten Tors participants only.						