

GREACH

Autumn Term Programme 2026



Creating Confident, Capable, Future-Ready Young People

GREACH Programme Year 10

GREACH, or Grown-Up REACH, is the natural development and extension of SDCC's successful REACH programme. Building on the belief that education should widen horizons as well as secure strong academic outcomes, GREACH provides Year 10 students with purposeful opportunities to develop the skills, confidence and experiences they need for life beyond school. It recognises that young people preparing for adulthood need more than qualifications alone; they need practical skills, resilience and the ability to see themselves as active contributors to the world around them.

Through a carefully designed KS4 offer, GREACH creates space within the curriculum for students to explore future pathways, discover new interests, strengthen existing talents and gain additional qualifications. The programme also includes opportunities for work-related learning through meaningful short and long-term work experience placements. Together, the activities and placements provide supported experiences linked to students' interests, strengths and future aspirations, while also giving them time to focus on self-care, personal development, confidence and wellbeing. This helps students build the skills and resilience needed to balance the demands of KS4 and approach future challenges with greater confidence.

Some activities grow directly from the KS3 REACH programme, but at GREACH level they are sharpened with a clear focus on employability, leadership, qualifications, practical life skills and personal growth. The programme blends enjoyment with ambition, enabling students to try something different, build confidence, gain meaningful experiences and make informed choices about their next steps. At its heart, GREACH is about inspiring students to recognise their potential and giving them the opportunities, encouragement and practical experiences to enable them to thrive.

Alongside the wider GREACH programme, we are delighted to launch the Applied Skills Centre of Excellence (ASCoE). As a specialist strand within GREACH, ASCoE has been designed for a small group of students who will benefit from a more applied and practical approach to learning. ASCoE will offer two specialist pathways: Manufacturing and Trade and Professional Services, Care and Hospitality. Through these pathways, students will engage in meaningful projects, work alongside skilled practitioners and develop industry-relevant skills that connect learning with life beyond the classroom.

Like GREACH, ASCoE is underpinned by our commitment to broadening horizons and raising aspirations. It recognises the value of practical expertise, professional skills and vocational pathways, providing students with opportunities to develop confidence, purpose and a strong sense of belonging while preparing for future education, employment and training.

GREACH and ASCoE will support students at SDCC to move forward with confidence, pride and purpose, equipped with the skills, experiences and qualifications they need for the next stage of their journey — whether that is Sixth Form, college, an apprenticeship or employment.

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Once you read the activities on offer use this QR code to access the form to register your activity preferences.

GREACH Activities: First Half-Term
Preference



Full time Y10 and Y11 courses



Animal Husbandry & Environmental Care

Duration: 6-week environmental care course alongside a 1-year Level 1 Animal Care qualification

Session Length: 1 hour per week

Qualification: Level 1 Animal Care

Maximum Students: 15

Course Overview

This combined pathway gives students the opportunity to develop practical husbandry skills while learning about animal welfare, responsible care and the importance of protecting the environment. The initial six-week element focuses on caring for the environment, understanding habitats, sustainability and how positive daily choices can support animals and the natural world.

Alongside this, students will work towards a Level 1 Animal Care qualification across the year, developing knowledge and practical confidence in feeding, cleaning, handling, accommodation, health checks, welfare needs and safe working routines. The course supports students to build responsibility, teamwork, resilience and confidence through regular practical experience with animals and their environments.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the basic principles of animal husbandry, welfare and responsible care.
- Explain how habitats, sustainability and environmental care support animal wellbeing.
- Carry out routine animal care tasks, including feeding, cleaning, checking accommodation and basic health observations.
- Handle animals safely and appropriately, following guidance and supervision.
- Work safely, hygienically and responsibly in animal care and outdoor learning environments.
- Achieve a Level 1 qualification in Animal Care.



GCSE Citizenship Studies (AQA)

Duration: 2 years (Years 10 & 11)

Session Length: 1 hour a week

Qualification: GCSE

Maximum Students: 30

Course Overview

GCSE Citizenship Studies gives students the opportunity to explore how society works and the role they can play within it. Throughout the course, students will study democracy and politics, law and justice, rights and responsibilities, and how citizens can bring about change in their communities and beyond.

Lessons focus on current affairs, discussion, debate, investigation and active participation, helping students develop critical thinking, communication and research skills alongside their subject knowledge.

Students will complete the AQA GCSE Citizenship Studies qualification, with examinations at the end of Year 11.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand how democracy and government operate in the UK.
- Explain the role of Parliament, the legal system and the justice system.
- Explore a range of contemporary political and social issues.
- Develop confidence in discussion, debate and evidence-based argument.
- Understand how active citizens can influence change.
- Achieve a GCSE qualification in Citizenship Studies.



GCSE Statistics

Duration: 2 years (Years 10 & 11)

Session Length: 1 hour a week

Qualification: GCSE

Maximum Students: 30

Course Overview

GCSE Statistics gives students the opportunity to develop confidence in working with real-world data and understanding how statistics are used to make informed decisions. Across Years 10 and 11, students will learn how to collect, represent, analyse and interpret data, as well as explore probability, sampling, statistical diagrams and summary measures.

Lessons focus on applying statistical techniques to authentic investigations and everyday contexts, helping students identify trends, evaluate information critically and communicate conclusions clearly. The course supports students to strengthen their mathematical reasoning while developing transferable skills useful in subjects such as science, geography, business, psychology and economics.

Students will complete a GCSE Statistics qualification, with examinations at the end of Year 11.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand how statistics are used to investigate real-world questions.
- Collect, process and represent data using appropriate statistical methods.
- Interpret graphs, charts, tables and summary statistics accurately.
- Use probability and statistical calculations to support reasoning and decision-making.
- Evaluate data, methods and conclusions critically.
- Achieve a GCSE qualification in Statistics.



Applied Skills Centre of Excellence – Connecting Learning with Life

Duration: Full academic year

Session Length: 1 hour per week

Qualification: 6 x Basic Skills Certificates

Maximum Students: (12 x two strands) 24

Course Overview

ASC is a full-year applied learning programme delivered through GREACH for KS4 students who thrive through practical, hands-on experiences. The programme helps students connect school learning with life beyond the classroom, developing confidence, belonging and a strong sense of purpose. It aims to preparing students for the world of work by valuing practical trades, skilled pathways and employability alongside academic outcomes.

Students will complete meaningful projects linked to school, the local community and the world of work. Practical activities may include stone walling, electrical work, plastering, carpentry, bricklaying and hedge laying, depending on available expertise, facilities, materials and community or employer partnerships. Through these hands-on challenges, students will build independence, teamwork, communication and employability skills while learning to contribute positively and prepare for future pathways.

Learning Outcomes

By the end of the course, participants will be able to:

- Recognise personal strengths, interests and qualities linked to future choices.
- Develop confidence, independence and resilience through practical tasks.
- Work effectively with others, using communication, teamwork and problem-solving skills.
- Contribute positively to the school and wider community through purposeful projects.
- Understand key employability behaviours, including reliability, punctuality, presentation and safe working.
- Build a simple portfolio showing achievements, reflections and next steps.



Work Experience

Duration: Full academic year

Session Length: 1 hour per week

Maximum students – N/A

Course Overview

The Work Experience opportunity is an extended placement opportunity for students who would benefit from exploring the world of work in a practical and supported way. Students will be guided to identify suitable work experience placements linked to their interests, strengths and future career aspirations.

The programme will help students understand workplace expectations, develop confidence in communicating with employers and prepare for future job opportunities. Students will receive support with finding appropriate placements, completing any required paperwork and reflecting on the skills they develop through their experience.

Learning Outcomes

By the end of the course, participants will be able to:

- Identify personal strengths, interests and possible career pathways.
- Explore suitable work experience opportunities linked to future goals.
- Understand key workplace expectations, including punctuality, reliability and presentation.
- Communicate appropriately with employers and placement providers.
- Develop confidence, independence and employability skills.
- Reflect on their work experience and identify next steps for the future.

Termly activities



Boxing Skills & Fitness Programme

Duration: 6 weeks

Session Length: 1 hour per week

Maximum Students: 12

Course Overview

This practical six-week programme introduces students to the fundamentals of boxing in a safe, structured and supportive environment. Students will develop core boxing technique, including stance, guard, basic punches, footwork and defensive skills, while taking part in non-contact fitness training designed to improve coordination, stamina, strength and overall physical wellbeing.

Alongside the physical elements of the course, students will be encouraged to build confidence, discipline and resilience through skill-based challenges, personal goal setting and regular reflection on their progress. The programme will also support students to develop leadership and communication skills by working with others and contributing to simple boxing-based activities for their peers.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the basic rules, etiquette and benefits of boxing.
- Demonstrate correct boxing stance, guard position, footwork and defensive movement.
- Perform fundamental punches including the jab, cross, hook and uppercut with correct technique.
- Improve cardiovascular fitness, coordination and muscular endurance through boxing-based fitness circuits.
- Set personal fitness goals and monitor progress throughout the programme.
- Develop leadership, communication and confidence by contributing to boxing-based activities for peers.



Weight and Resistance Training

Duration: 6 weeks

Session Length: 1 hour per week

Maximum Students: 20

Course Overview

This practical six-week programme introduces students to the fundamentals of weight and resistance training in a safe and supportive environment. Students will learn correct fitness technique, understand the principles of strength development and build confidence using a range of resistance-based equipment, free weights and bodyweight exercises.

The course will focus on improving strength, muscular endurance, fitness and personal wellbeing through structured resistance exercises, circuit-based activities and personal goal setting, while encouraging resilience and a positive attitude towards regular physical activity.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the key principles of strength and resistance training.
- Demonstrate safe and effective lifting techniques for a range of exercises.
- Use gym and resistance-training equipment correctly and confidently.
- Develop personal fitness goals and monitor progress over time.
- Improve muscular strength, endurance and overall physical fitness.
- Design and complete a simple resistance-training programme while recognising the benefits of regular exercise for wellbeing.



Ready, Steady, Cook Safely

Duration: 6 weeks

Session Length: 1 hour per week

Qualification: Food Safety & Hygiene Level 1 Certificate

Maximum Students: 24

Course Overview

This practical six-week programme introduces students to the essentials of food safety, personal hygiene and safe food preparation in a clear, supportive and hands-on way. Students will learn how to prepare food safely, understand common risks in the kitchen and develop the confidence to use simple recipes that support independent living.

The course combines key food hygiene knowledge with practical cooking activities, helping students recognise food safety hazards, prevent cross-contamination, handle allergens safely and complete the Food Safety & Hygiene Level 1 Certificate assessment.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the importance of food safety and personal hygiene in food preparation.
- Identify common food safety hazards and methods of preventing food poisoning.
- Explain how to prevent cross-contamination and safely handle allergens.
- Successfully complete the Food Safety & Hygiene Level 1 Certificate assessment.
- Apply safe food preparation skills by making simple recipes for independent living.

Programme Outline

- **Weeks 1–2:** Introduction to the programme and personal hygiene in food preparation.
- **Weeks 3–4:** Completion of the Food Safety & Hygiene Level 1 Certificate course, including one 1 hour 30 minute session.
- **Weeks 5–6:** Safe food preparation through simple recipes ready for independent living.



Basic Motor Vehicle Maintenance

Duration: 6–8 weeks per term

Session Length: 1 hour per week

Maximum Students: 12

Course Overview

This practical 6–8 week programme introduces students to the fundamentals of basic motor vehicle maintenance in a safe and supervised workshop environment. Students will learn how to carry out routine vehicle safety inspections, perform simple maintenance tasks, correctly use common workshop tools and understand the importance of regular vehicle servicing.

The course focuses on vehicle safety checks, routine maintenance, basic mechanical skills, hand tool use, fault identification and preventative maintenance, helping students develop practical skills, confidence and safe working habits.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the importance of routine vehicle maintenance and regular safety inspections.
- Identify the main components found under the bonnet and explain their purpose.
- Carry out basic vehicle safety checks, including tyres, lights, fluid levels and battery condition.
- Safely use basic hand tools and workshop equipment to complete simple maintenance tasks.
- Recognise common signs of wear and identify when maintenance or repairs may be required.
- Complete a simple pre-drive vehicle inspection independently, confidently and safely.



Photography & Art Masterclasses

Duration: 6–8 weeks per term

Session Length: 1 hour per week

Maximum Students: 20

Course Overview

This six-week masterclass introduces students to traditional analogue photography using 35mm SLR film cameras. Students will learn the full creative process, from understanding film exposure and camera controls to processing black and white film, producing contact sheets and creating darkroom prints.

Learning Outcomes

By the end of the course, students will be able to:

- Operate a 35mm SLR camera confidently.
- Understand film exposure and basic camera controls.
- Process black and white film safely.
- Create contact sheets and make enlargements.
- Present a final collection of darkroom prints.



Enterprise & Coffee Shop Challenge

Duration: 6–8 weeks per term

Session Length: 1 hour per week

Group Size: 10 students

Course Overview

This exciting 6–8 week enterprise programme challenges students to become young entrepreneurs by managing and growing the school's coffee shop. Working in teams, students will develop and pitch business ideas, design marketing campaigns, analyse customer demand, manage costs and make strategic decisions with one goal in mind: to generate the highest profit by the end of the competition.

Throughout the challenge, students will experience the realities of running a small business, learning how successful entrepreneurs identify opportunities, respond to competition and make informed commercial decisions. They will develop valuable employability skills while gaining practical experience in finance, marketing, operations and customer service within a real business environment.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand the key characteristics and skills of successful entrepreneurs.
- Develop, evaluate and pitch ideas to increase coffee shop sales and profitability.
- Produce a simple business plan outlining objectives, pricing, marketing and financial forecasts.
- Apply marketing, pricing and promotional strategies to attract and retain customers.
- Calculate revenue, costs, profit and profit margins using real sales data.
- Work effectively as a team, deliver excellent customer service and present business decisions using evidence.



Elevate: Independent Study & Revision Hub

Duration: 6–8 weeks per term

Session Length: 1 hour per week

Maximum Students: 30

Location: Library

Course Overview

This 6–8 week independent study opportunity provides students with a calm, purposeful library-based space to complete home learning, organise their workload and get ahead with revision. Students will use the time to work independently on current tasks, prepare for upcoming assessments and build positive study habits in a focused environment.

This session offers students a regular opportunity to take ownership of their learning, seek support where needed and trial different revision techniques such as retrieval practice, self-quizzing, note-making and planning. Students will be encouraged to use the time productively, reflect on what works best for them and build confidence in managing their own study.

Learning Outcomes

By the end of the course, participants will be able to:

- Use independent study time effectively and purposefully.
- Successfully complete home learning tasks and meet key deadlines.
- Organise workload, resources and revision materials more confidently.
- Trial a range of revision techniques, including retrieval practice, self-quizzing, flashcards, mind maps and note-making.
- Identify which revision strategies are most effective and use them to prepare for assessments, tests and examinations.
- Develop confidence, independence and positive study habits.



Nature Leaders

Duration: 6 weeks, with projects continuing across the year

Session Length: 1 hour per week

Location: B20 and school grounds, including the pond and underutilised green spaces

Course Overview

Nature Leaders gives students the opportunity to help make the school greener, more sustainable and better for wildlife while developing practical conservation and leadership skills. Following National Education Nature Park guidance, students will survey wildlife, improve habitats, plant flowers and trees, build homes for nature and carry out projects that enhance biodiversity across the school.

This will be both a REACH and GREACH activity, with students working towards shared environmental goals but with different emphasis. KS3 pupils will focus more on the practical nature and conservation elements, while Year 10 GREACH students will take on greater leadership responsibility, explore wider environmental activism beyond the school gates and learn strategies to campaign for nature.

Learning Outcomes

By the end of the course, participants will be able to:

- Understand how biodiversity, habitat quality and sustainability affect the school environment.
- Carry out simple wildlife surveys and identify opportunities to improve habitats across the school site.
- Take part in practical conservation projects, including planting, habitat creation and building homes for nature.
- Develop teamwork, responsibility and leadership skills through shared environmental action.
- Explain how students can influence positive environmental change within school and the wider community.
- Plan or contribute to a campaign, project or action that supports nature and biodiversity.



Game Changers: Sports Leadership (Football)

Duration: 6 weeks

Session Length: 1 hour per week

Maximum Students: 30

Course Overview

Game Changers is a six-week GREACH sports leadership programme that gives students the opportunity to experience sport from both a participant and leadership perspective. Students will work in six teams of five, with each team member taking on a specific role such as kit manager, equipment lead, warm-up coach, tactics lead or team captain. Roles will rotate each week so that every student develops confidence in a range of leadership responsibilities.

The programme combines practical sport with a team-based competition. Students will earn points through performance in the selected sport, as well as through the quality of their leadership, organisation and contribution to the team. For example, warm-up coaches may be scored on how clearly and safely they prepare their team, with additional points added to the team total. This structure encourages students to recognise that successful sport is built on teamwork, preparation, communication and shared responsibility, not just performance in the game.

Learning Outcomes

By the end of the course, participants will be able to:

- Lead a warm-up, organise equipment and support team preparation safely and effectively.
- Understand and experience a range of sporting leadership roles.
- Communicate clearly with teammates and contribute positively to team performance.
- Develop confidence, organisation and responsibility through practical leadership tasks.
- Reflect on how leadership behaviours affect team success.
- Work collaboratively within a competitive but supportive sporting environment.