

PHYSICAL EDUCATION



Welcome to the Physical Education Super Curriculum. Below you'll find a whole host of things to do to stretch yourself beyond the classroom curriculum.

This month, our PE Super Curriculum is shining a spotlight on the Winter Olympics. We will explore the history, culture and evolution of the Games, discover how winter sports have pushed the boundaries of athletic performance and consider what the future of the Winter Olympics might look like. From political conversations to extreme sporting feats, this theme offers a fantastic opportunity to dive into stories, athletes and events that we don't often see in the UK. Get ready to learn, watch and be inspired by the magic of the Winter Games.

READ

President Trump responds to USA athletes who have spoken out about the political situation in the United States:

[Trump lashes out at Team USA athlete for sharing thoughts on political situation at home](https://www.cbsnews.com/news/trump-lashes-out-at-team-usa-athlete-for-sharing-thoughts-on-political-situation-at-home/) - cbsnews.com

WATCH

Watch this short clip explaining the history of the Winter Olympics and how it has come to host some of the more extreme competitive sports:

[A Brief History of the Winter Olympics: Pushing the Extreme](#) - YouTube

LISTEN

What is the future of the Winter Olympics? This episode of the SportsPro podcast discusses this, and more:

[The 2026 Winter Olympics are here - but what does the future look like?](https://open.spotify.com/episode/2026-winter-olympics-are-here-but-what-does-the-future-look-like?si=1234567890) - open.spotify.com

DO

Catch up on the Winter Games by exploring the coverage on the Olympics website and discover some amazing sports that we so rarely see in the UK:

[Milano Cortina 2026: Winter Olympic Games](https://www.olympics.com/en/milano-cortina-2026) - olympics.com