

FOOD AND TECHNOLOGY



Welcome to the Food and Technology Super Curriculum. Below you'll find a whole host of things to do to stretch yourself beyond the classroom curriculum.

Use the following resources to enhance your understanding of the creative approaches found in Food and Technology.

READ

FOOD: Food is central to festive celebrations, and different cultures have their own traditions. Read and reflect on what food traditions you follow. Have you adopted any from other cultures?

[40 Traditional Christmas Foods from Around the World](#) - discoverwalks.com

D&T: What is the most sustainable Christmas tree? With around 7 million real trees bought in the UK each year, and countless artificial ones, the question is tricky. Should you choose an artificial tree you can reuse, or a freshly cut tree that's discarded after New Year?

[Sustainable & Eco-Friendly Christmas Tree Guide 2025](#) - moralfibres.co.uk

LISTEN

FOOD: What dish says Christmas to you—roast turkey, goat, carp, fried chicken? In Japan, nothing says festive family food like a bucket of KFC, while many Jewish families in the US head to Chinatown for a festive meal. Listen to uncover the origins of these surprising traditions and how food can create a sense of belonging—even if you don't celebrate Christmas:

[The Food Chain: An alternative Christmas](#) - BBC Sounds

D&T: Christmas can be costly, and prices remain high—so what toys will children want this year, and will they be affordable? In this podcast, Kevin Peachey explores the hottest toys and why many families may wait until the last minute to buy them:

[5 Minutes On - Toys at Christmas: Good or bad tidings?](#) - BBC Sounds

WATCH

FOOD: Have you ever thought about how much food gets wasted in the lead-up to and during Christmas? Consider what steps you could take to reduce waste in your home:

[Christmas food waste: Over 4 million festive dinners are thrown away each year](#) - YouTube

D&T: Are any of these technology gadgets on your Christmas list? Is there something that you can think of that hasn't been invented yet?

[Coolest New Technologies of 2025](#) - YouTube

DO

FOOD: Create a Christmas party menu that caters to a variety of cultures. Include both traditional and non-traditional dishes to make everyone feel welcome.

D&T: Have a look at these Christmas cards made by architects and designers. Be inspired! Have a go at designing your own Christmas card based on their themes:

[Christmas card designs:](#) dezeen.com