

Core: PE (non-examined)

Time Allocation: Core (taken by all): 100 minutes a week in Years 9, 10 and Year 11, plus 50 minutes of Health and Well-Being. In addition, GCSE PE is available as an option subject.

Course Content: During Years 9, 10 and 11, a core Physical Education programme is followed by all students at the College. Year 9 students will continue to follow a similar programme of study as year 7 and 8, but with some new activities added. The aim in years 10 and 11, is for students to follow a personalised programme over the two years, whilst keeping within National Curriculum parameters. Students choose one of three pathways that offer a wide selection of programmes. The four personalised pathways are:

- Competitive Team Performance (CTP)
- Competitive Individual Performance (CIP)
- Participation & Healthy Lifestyles (PHL)

The CTP pathway develops performance within competitive team situations, whereas the CIP pathway develops performance within individual physical activities. The Participation and Healthy Lifestyles pathway provides knowledge and understanding of physical activities for lifelong participation, health and wellbeing. A wide variety of activities are offered, including both individual and team games as well as many non-traditional and innovative activities. Activities added recently include: fencing, PiYo, climbing, self-defence and ultimate frisbee. The emphasis is on developing positive attitudes to physical activity through personal choice; therefore, students are expected to participate fully in the pathway chosen.

A great deal of importance is also placed on educating students in the need to take frequent physical exercise conducive to leading a healthy lifestyle. This may be done through work in a fitness based module or a self-defence course, and the work undertaken is then reinforced through other programmes of activity.

Core Physical Education is taught by all the specialists at South Dartmoor, with some support from other staff and coaches with specific sports qualifications/experience. All students have the opportunity to adopt leadership roles within lessons and for school events. For example: students may lead primary sports festivals or Central Venue Leagues for a variety of sports. We have also had leaders go to the Devon School Games in the past, which has been a great experience.

FACULTY OF PHYSICAL EDUCATION

Steve Dinnie (Director of PE & Sport)
Kate Hutchings (Team Leader)
Adam Fox (A' Level & 6th form coordinator)
Jamie Morrison-Hill (Performance Leader, Fox)
Phil Roberts (Performance Leader, Hound)
Daniel Vile (Assistant Principal)
Lucinda Baines

Tony Veevers (GCSE PE Co-ordinator)
Rebecca Mason (School Sports Co-ordinator)
Mike Slater (Performance Leader, Bel))
Charlotte Bowen (Cambridge Technical co-ordinator)
Melanie Byng (Head of Dance)
John Whitehead
Abi Cowell (Teacher of Dance)
Richard Hill (Technician)

