

Character Education and PHSE outline Y8

Autumn 1

Date	Month	Monday	Staff	Tuesday - brief	Wednesday - brief	Thursday - brief	Friday	Staff	
		Assembly		Who/ Value /Job	Who/ Value /Job	Who/ Value /Job	Who/ Value /Job		
1	Sept	HOLIDAY			INSET		INSET	Welcome – who do you want to be?	JJV
8	Sept	Creativity and Expression	JWB				Medicinal and recreational drugs How to use over the counter and prescription medications safely	KEM	
15	Sept	Truth	JJV	Personal responsibility Journalist – seeks out the truth in order to inform people	Courage Judge – seeks out the truth to ensure justice is served	Integrity Researcher – seeks truth through evidence gathering, data, peer review	How to assess the risks of alcohol, tobacco, nicotine and e-cigarettes The over-consumption of energy drinks	DLM	
22	Sept	Language	KA	Belonging Interpreter – bridges the communication gaps, reduces barriers, negotiates	Patience Diplomat – uses language to build relationships, often to resolve conflict	Supportiveness Speech and Language therapist – Helps individuals to recover and improve communication skills	Language of drugs/vaping/alcohol	DLM	
29	Sept	Black History	NEW	Equity Human Rights Lawyer – defends the rights of individuals or groups facing discrimination	Individuality Artist – explores personal individuality through creative visual expression	Curiosity Explorer – discovers the world and the many wonderful cultures and glorious nature within it	How to recognise and promote positive social norms and attitudes How to manage influences in relation to substance use	RM	
6	Oct	Mental Health awareness	RHH	Happiness All jobs – should deliver some moments	Openness Designer – requires openness to feedback	Balance Yoga instructor – teaches balance,	The relationship between habit and dependence	SC	

				of happiness, despite not all of the job being perfect!	and emotional expression and often flexible work-life balance	physically and mentally while fostering happiness and openness to self		
13	Oct	Literacy	LAH	Resilience Athlete – through good times and tough times, being resilient to come back stronger and better	Perseverance Musician – Despite knock backs and difficult practice days, perseverance will lead to success	Aspiration Architect – designs and builds with a vision for the future, solving complex problems with ambition	Discussion: Case study / scenario	Tutors
20	Oct	How to respond in an emergency situation and how to stay safe	HOY + PCSO ?	Trust Doctor – saving lives, keeping confidences and caring for people	Responsibility Firefighter – keeping people safe and rescuing people when fires threaten safety	Confidence Airline pilot – confidently taking responsibility for the safety of passengers and flying them to their destinations safely	INSET	

Autumn 2

Date	Month	Monday	Staff	Tuesday - brief	Wednesday - brief	Thursday - brief	Friday	Staff
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3	Nov	Book Theme					Employment, self-employment and voluntary work	JAR
10	Nov	Remembrance					Conflict – prevent/radicalisation	DPV
17	Nov	Anti-bullying					Challenge stereotypes and discrimination in relation to work and pay	DLM
24	Nov	Respect	IJS	Kindness Social Worker – advocates for vulnerable people while respecting their autonomy and cultural background	Empathy Care home assistant – treats people with respect and dignity while caring for them	Politeness Teacher – models respectful behaviour and fosters inclusive practice, while meeting all students’ needs regardless of backgrounds	Discussion: Case study related to unfair dismissal	Tutors
1	Dec	Equality	ELG				Equality of opportunity in life and work	RM
8	Dec	Excellence	DPV				How to set aspirational goals and challenge expectations that limit choices	DLM
15	Dec	Presentation Assemblies					INSET	

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Spring 1

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		Assembly		Who/ Value /Job	Who/ Value /Job	Who/ Value /Job	PHSE	
5	Jan	INSET					Manage influences on beliefs and decisions	DLM
12	Jan	Positive behaviour					Develop self-worth and confidence	RM
19	Jan	Book theme					Discussion: Case Study – peer pressure/vigilante Group-think and persuasion	Tutors
26	Jan	Topical	HoY				Gender identity, transphobia and gender-based discrimination	? External
2	Feb	Inclusion (LGBT)	TDI				Recognise and challenge homophobia and biphobia	? External
9	Feb	Safer internet	HoY				Recognise and challenge racism and religious discrimination	DES

Spring 2

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23	Feb	Creativity and Expression	JWB				Managing emotions and daily wellbeing	DLM
2	March	World Book Day	Eng				Healthy coping strategies Unhealthy coping strategies (e.g. self harm and eating disorders)	DLM
9	March	Science Week	Sci				How to stay physically fit	MLS
16	March	Truth	JJV				Discussion: Case Study	Tutors
23	March	Topical	HoY				How to develop digital resilience	RMM
30	March	Presentation Assemblies					EASTER	

Summer 1

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20	April	Respect	IJS				Qualities of positive, healthy relationships and how to demonstrate positive behaviours in healthy relationships	HoY
27	April	Equality	ELG				Forming new partnerships and developing relationships	DLM
4	May	Bank Holiday					The law in relation to consent and the legal and moral duty is with the seeker of consent	DLM
Contraception – one drop down lesson run by CJM informing the students about contraception								
11	May	Excellence	DPV				Discussion: How to effectively communicate about consent in relationships	Tutors
18	May	Topical	HoY				The risks of 'sexting' and how to manage requests or pressure to send an image	RM

Summer 2

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1	June	World Environment Day	Geog				Sextortion: How to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation and how to respond and seek support in cases of online grooming	DPV
8	June	Safety					How to use social networking sites safely, age restrictions when accessing different forms of media and how to make responsible decisions	DLM
15	June						Discussion: Case study	Tutors
22	June	Sports Week Launch					INSET	
29	June	Book Theme					Fake News: How to recognise biased or misleading information online, how to critically assess different media sources and how to distinguish between content which is publicly and privately shared	ARR?
6	July	Numeracy	Math				How to protect financial security online and how to assess and manage risks in	JDA

							relation to gambling and chance-based transactions	
13	July						Revisit – consider everything that has been covered	DLM
20	July	Presentation Assemblies				INSET	Summer Holiday	