

Character Education and PHSE outline Y7

Autumn 1

| Date | Month | Monday | Staff | Tuesday - brief | Wednesday - brief | Thursday - brief | Friday | Staff | |
|--|-------|---------------|-------|--|--|--|--|----------------------------------|-----|
| | | Assembly | | Who/ Value /Job | Who/ Value /Job | Who/ Value /Job | PHSE | | |
| 1 | Sept | HOLIDAY | | | INSET | | INSET | Welcome – who do you want to be? | JJV |
| 8 | Sept | Truth | JJV | Personal responsibility Journalist – seeks out the truth in order to inform people | Courage Judge – seeks out the truth to ensure justice is served | Integrity Researcher – seeks truth through evidence gathering, data, peer review | How to manage the challenges of moving to a new school and how to improve study skills | JJV + EM | |
| 15 | Sept | Respect | IJS | Kindness Social Worker – advocates for vulnerable people while respecting their autonomy and cultural background | Empathy Care home assistant – treats people with respect and dignity while caring for them | Politeness Teacher – models respectful behaviour and fosters inclusive practice, while meeting all students’ needs regardless of backgrounds | How to establish and manage friendships and how to be part of a successful community (communication) | JJV + MS | |
| 22 | Sept | Language | KA | Belonging Interpreter – bridges the communication gaps, reduces barriers, negotiates | Patience Diplomat – uses language to build relationships, often to resolve conflict | Supportiveness Speech and Language therapist – Helps individuals to recover and improve communication skills | Discussion: Getting to know each other Celebrating positives Initial ‘who do you want to be?’ | Tutors | |
| Moors Week – cross curricular project fostering belonging, good communication, courage, personal responsibility, creativity and resilience | | | | | | | | | |
| 29 | Sept | Black History | NEW | Equity Human Rights Lawyer – defends the rights of individuals or groups facing discrimination | Individuality Artist – explores personal individuality through creative visual expression | Curiosity Explorer – discovers the world and the many wonderful cultures and glorious nature within it | Tolerance and celebration of diversity | DES | |

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| 6 | Oct | Mental Health awareness | RHH | Happiness All jobs – should deliver some moments of happiness, despite not all of the job being perfect! | Openness Designer – requires openness to feedback and emotional expression and often flexible work-life balance | Balance Yoga instructor – teaches balance, physically and mentally while fostering happiness and openness to self | How to identify, express and manage their emotions in a constructive way | JJV & EM |
| 13 | Oct | Literacy | LAH | Resilience Athlete – through good times and tough times, being resilient to come back stronger and better | Perseverance Musician – Despite knock backs and difficult practice days, perseverance will lead to success | Aspiration Architect – designs and builds with a vision for the future, solving complex problems with ambition | Discussion and exercise: How to identify personal strengths and areas for development | Tutors |
| 20 | Oct | How to respond in an emergency situation and how to stay safe | HOY + PCSO ? | Trust Doctor – saving lives, keeping confidences and caring for people | Responsibility Firefighter – keeping people safe and rescuing people when fires threaten safety | Confidence Airline pilot – confidently taking responsibility for the safety of passengers and flying them to their destinations safely | INSET | |

First Aid – one drop down lesson run by TDI across one day that week, promoting empathy, kindness, patience and developing First Aid skills.

Autumn 2

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|------|-------|---------------------------|-------|------------------------|------------------------|------------------------|---|----------|
| | | Assembly | | Who/ Value /Job | Who/ Value /Job | Who/ Value /Job | PHSE | |
| 3 | Nov | Book Theme | LAH | | | | Conflict resolution | MS |
| 10 | Nov | Remembrance | SMM | | | | Communication – how to communicate effectively (power and coercion) | JJV + EM |
| 17 | Nov | Anti-bullying | | | | | Case study of a bullying scenario / bystander effect | Tutors |
| 24 | Nov | Equality | ELG | | | | How to challenge stereotypes | EM |
| 1 | Dec | Excellence | DPV | | | | Resilience | RM |
| 8 | Dec | Creativity and Expression | JWB | | | | On line safety – how to use technology appropriately | DPV/ MS |
| 15 | Dec | Presentation Assemblies | | | | | INSET | |

Spring 1

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| 5 | Jan | INSET | | | | | How to support others – acts of kindness | MS |
| 12 | Jan | Positive behaviour | MS | | | | Discussion: Acts of kindness, supporting each other, examples, behaving positively | Tutors |
| 19 | Jan | Book theme | | | | | Celebrating living in a diverse society | EM |
| 26 | Jan | Inclusion (LGBT) | TDI | | | | How to challenge prejudice, stereotypes and discrimination | GED |
| 2 | Feb | Safer internet | | | | | How to respond to bullying of any kind, including online | DPV |
| 9 | Feb | | MS | | | | Identity, rights and responsibilities | EM |

Spring 2

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| | | Assembly | | Who/ Value /Job | Who/ Value /Job | Who/ Value /Job | PHSE | |
| 23 | Feb | Truth | JJV | | | | How to make healthy lifestyle choices including diet, dental health, physical activity and sleep | MLS |
| 2 | March | World Book Day | Eng | | | | How to manage physical and emotional changes during puberty and personal hygiene | EM |
| 9 | March | Science Week | Sci | | | | How to manage influences relating to caffeine, smoking and alcohol, as well as the science behind them | EVB |
| 16 | March | Respect | IJS | | | | How to recognise and respond to inappropriate and unwanted contact | DPV + JJV |
| 23 | March | Topical | HoY | | | | How to access help and support for many issues such as: Gender identity, sexual identity, FGM, Mental Health, Puberty | Tutors |
| 30 | March | Presentation Assemblies | | | | | EASTER | |

Summer 1

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| 20 | April | Equality | ELG | | | | Qualities and behaviours relating to different types of positive relationships | EM |
| 27 | April | Excellence | DPV | | | | How to develop self-worth and self-efficacy | CAW |
| 4 | May | Bank Holiday | | | | | How to evaluate expectations for romantic relationships | MS |
| 11 | May | Creativity and Expression | JWB | | | | How to recognise unhealthy relationships | EM |
| 18 | May | How to recognise and challenge media stereotypes | Mark B-D | | | | Discussion: Consent, and how to seek and assertively communicate consent | Tutors |

Summer 2

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| | | Assembly | | Who/ Value /Job | Who/ Value /Job | Who/ Value /Job | PHSE | |
| 1 | June | World Environment Day | Geog | | | | Sustainability | RJP |
| 8 | June | Book Theme | | | | | Saving, spending and budgeting | JDA |
| 15 | June | | | | | | How to make safe financial choices | JDA |
| 22 | June | Sports Week Launch | KDM | | | | INSET | |
| 29 | June | Numeracy | Math | | | | Ethical and unethical business practices and consumerism | JDA |
| 6 | July | Safety | MS/P CSO? | | | | How to manage risk-taking behaviour | MS |
| 13 | July | Revisit Character Education, everything that has been covered | EM | | | | Revisit –consider phrases that were written in Sept | EM |
| 20 | July | Presentation Assemblies | MS | | | INSET Summer Holiday | | |