



South Dartmoor Community College

Executive Head teacher | Mrs J Veal
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Empowering everyone to be the best they can be.



20 October 2025

Dear Parent/Carer

YEAR 11 – PERSONAL, HEALTH & RELATIONSHIPS EDUCATION

As part of our Personal, Health and Relationships Education, I am going to be delivering talks to all Year 11 students over the coming weeks. These will be during the 'down' times in between mock exams, to minimise lost learning. The talks will focus on respect, empowerment and keeping themselves safe and will cover topics such as breast and testicle care, cervical smears, intimacy, consent and pornography. I have run these sessions for young people for four years and they have been very well received. We create a single sex space and the students evaluate and feedback on the content to inform future sessions. If you have any questions, please do not hesitate to contact me.

I feel very strongly that unless we are talking to our children about these issues in a frank and open manner, they will seek information from other less helpful and safe places. To this end, I would remind you about the session on Tuesday 18 November at 5.00 pm here at South Dartmoor Community, led by Ben Dunks, for parents on sex and relationships. He leads an extremely helpful session on how we can bring issues affecting our children to the table and talk about them confidently and supportively.

Many thanks for your continued support.

Best wishes

Mrs J Veal
Executive Head teacher

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