

Where do I get help and support?

Report an issue

Whisper is our school's confidential system for reporting problems at school or at home. Click the button on the school website or blog.



Chaplaincy service

Every week there is the opportunity to talk and share your thoughts with the school chaplain. Please speak to your Head of Year to access support.



Young Devon

Young Devon's aim is to build relationships to help young people thrive. Their wellbeing services are offered remotely/digitally, or in centres where young people can meet privately with a highly skilled team of counsellors. Get help by calling on **08082 810155**



Kooth

Kooth.com is a free, anonymous, confidential website where young people can go for help and advice.

www.kooth.com



School nurse clinic

There is the opportunity to discuss mental and physical health matters with a school nurse. Please speak to your Head of Year to access support. You can also text a school nurse on **07520 631722**



Childnet

If something upsets you online or you are worried about a friend it can really help to talk to someone. Talking to an adult you know and trust is a good starting point, but if you don't want to speak to someone you already know then there are other options.

www.childnet.com



NSPCC

Our Childline service is there to give young people a voice when no one else is listening. Whatever problems or dangers they are facing, we are a place for them to turn to for support – any time of the day or night

