



Ashmoor
Sports Centre

Ashmoor South Brent Fitness Centre



South Dartmoor
Academy

The Ashmoor South Brent Fitness Centre is located in the Old School Community Centre, Totnes Road, South Brent.

The fitness suite is fitted with 10 exercise machines consisting of cardiovascular machines, fixed weights, TRX bodyweight zone and a warm-up/cool-down and stretch zone. The Centre operates on a member's only basis and is open seven days a week, 06:30 – 22:00.

MEMBERSHIP OPTIONS AND TARRIFFS

Grade of Membership	1 Month	Monthly Direct Debit	Annual Payment
Adult	£12	£10	£110
Under 23	£10	£9	£100
Partner	£20	£15	£155

All memberships include of a free induction to the fitness suite/Community Centre and free membership card.

Our one month membership offer is perfect for anyone who can't commit to a longer period.

Direct Debit memberships are simple to set up; payments are made automatically so that bills are never forgotten, meaning you will not have to suffer with any breaks in your membership.

For best value, our annual membership reduces the monthly cost further still.

The Ashmoor South Brent Fitness Centre was established in 2015. The Ashmoor Sports Centre and South Dartmoor Academy are proud to serve the people of South Brent and the surrounding communities; by offering a platform for exercise, health and fitness for all.

We aim to staff the fitness suite for approximately five hours per week; with a variety of morning, midday and late afternoon sessions.

Our advertised staffing hours can be found in the Centre itself and are also uploaded to our Facebook page:

@AshmoorSportsCentre

To book your gym induction, or if you require further information concerning the Centre or our membership deals, please do not hesitate to contact us.

Ashmoor Sports Centre, Balland Ln, Ashburton, Newton Abbot TQ13 7EW

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