

Curriculum Overview

	L1	L2	L3	L4	L5	L6
Y7 Autumn	Who am I and what kind of citizen am I? Including British Values	What communities do I belong to and how do I keep people safe if I see bullying? (including hate crimes & discrimination)	How can I keep myself safe online? (including sextortion)	What are stereotypes, prejudice and discrimination & what can I do about it?	How can I prevent my protected characteristics from being violated?	What is the structure of Government in my wider community?
Y7 Spring	What are my aspirations and the pathway to them?	What causes me to be stressed and what are my symptoms	How do I manage my stress & anxiety?	Why might gambling be harmful?	How can I keep myself physically healthy?	Why do some people use illegal substances? (inc. recreational drugs)
Y7 Summer	How can I build positive relationships?	How do I ensure my peers are safe from abuse? (inc. FGM & breast ironing)	What is an unhealthy relationship & why are nudes a bad idea? (inc consent & child image laws)	What happens to my body during puberty? (inc. periods)	What is love? (inc. physical expressions and contraception)	How does the media damage how we see our own bodies?
Y8 Autumn	Why is my family so important? (Including variants of family structure)	Why is living in a multicultural society so exciting?	How are some members of society oppressed? (inc. forced marriages, honour-based violence)	Why is social justice and social equality important for society to function?	What is bullying and how does banter differ from a joke?	Why is the cabinet so important to a functional society?
Y8 Spring	Can my digital footprint impact on my long-term aspirations? (inc. online identity)	How do I Stay physically healthy? (inc vaping)	How do I Stay physically healthy? (inc. alcohol)	How do I manage stressful situations?	How do I look after myself? (inc. the use of medicinal drugs)	What is Child criminal exploitation? (inc. County Lines & drug mulling)
Y8 Summer	How can I have a positive relationship with myself and others in real life and online?	How can I use social media safely? (inc law)	Why might a forced marriage be more likely to lead to a power imbalance and coercion?	What is an intimate / romantic relationship?	How do I ever know I have consent from another person?	What are the challenges of 'coming out or not identifying with your biological gender'
Y9 Autumn	What is the difference between friendship and romantic relationships?	How are young people exploited by criminal groups/gangs?	How does the media shape how we see our bodies?	What counts as harassment and a hate crime?	How much screen time is too much screen time?	What are the risks of sexting and sharing explicit images?
Y9 Spring	Why might pornography be bad for your mental health?	How does social media impact on your mental health?	What is substance use /misuse & the Law around substance misuse and possession.	What is grooming?	How do I Stay safe gaming?	What is Terrorism, Extremism Radicalisation?
Y9 Summer	How has the stigma attached to mental health changed and what can we do if we're worried about somebodies' mental health?	What is drug Trafficking & county Lines?	How do we know if we are being pressured to have sex? Inc. sex and consent & rape	What is CSE and Online sexual grooming?	What is emotional / physical abuse?	What is an informed decision when having sex? Inc contraception,
Y10 Autumn	How are Human Rights & the Equality Act 2010 relevant to me?	How can I Manage my emotions and treat myself with respect? Inc. suicide and self-harm?		What are my employment rights and responsibilities as a minor?	What are the benefits of living in a multicultural society and what happens when it goes wrong? including inequality, force marriages breast ironing, FGM & hate crimes.	How do relationships change Power/Change in relationships Coercive control – physical /Mental resilience
Y10 Spring	How can I achieve a work life balance?	How can I check my bits for lumps? Inc. cancer	What recreational drugs? how & why are they classed?	Why should I consider organ and blood donation?	What is the UK law in relation to Domestic violence, Home based violence (HBV), Forced Marriage (FM)?	What are STI's, is there a treatment and what forms of Contraception can I use?
Y10 Summer	How to Avoid criminal organisations, Gangs and Anti-social Behaviour?	What is a Healthy relationship & what are the different stages of a relationship?	How do I know that I'm eating healthily?	Power & relationships Identity when a relationship is not balanced in power How to manage or end unsafe relationships	sexuality & gender Gender stereotypes	Emotional pressures to have sex and how to deal with these pressure
Y11 Autumn	What are my options if I am or my partner becomes pregnant?	What risks are associated with drinking alcohol?	Should cannabis be legalised?	'Coming out' – What is the LGBTQ+ community?	Managing anxieties and lifestyle choices	Finances – how to budget inc. mortgages, how they work Child Trust Fund – an overview

Y11 Spring	Recognising & managing stress levels Healthy choices Positive impact of healthy eating, sleep, physical exercise	The role the media plays in presenting unrealistic expectations of sex and relationships	Intimate relationships – The role the media plays in presenting unrealistic expectations of sex and relationships	Keeping yourself/ others safe in an emergency situation	Managing anxieties and lifestyle choices	Protected characteristics
Y11 Summer						