



# South Dartmoor Community College

Executive Head teacher | Mrs J Veal  
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09 October 2023

Dear Parent/Carer

## RE: TEA AND TOPICS WITH EDUCATIONAL PSYCHOLOGIST

We are fortunate that Mrs Kate Anthony, an Educational Psychologist with over 20 years' experience working with children, families and schools, will be hosting a series of Tea and Topic mornings at South Dartmoor Community College.

The first topic she will be presenting on will be:

### **What do I do when they just say 'No'. Strategies to manage defiant and oppositional behaviours at home.**

In these sessions Kate will help explain the science behind why children may develop defiant behaviours and share some practical ideas on how to support teenagers at home.

We hope that this will also be an opportunity for parents/carers to ask questions and share their strategies with other members of the community.

We will start the session at **09:30** and finish at **10:30** on **Friday 20 October**. All parents/carers are welcome.

If you have questions regarding this event, please contact Reception:  
[enquiries@southdartmoor.devon.sch.uk](mailto:enquiries@southdartmoor.devon.sch.uk)

Kind regards

Mrs J Veal  
Executive Head teacher

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