



# GEOGRAPHY

**Welcome to the Geography Super Curriculum. Below you'll find a whole host of things to do to stretch yourself beyond the classroom curriculum.**

Local food and produce has always been promoted as a 'more sustainable' way to shop. Whilst many of us have changed our shopping habits to try to reduce our carbon footprint, there are still a number of us that ultimately still prefer the convenience, choice and price of more globally sourced food.

Is this something we should be concerned about, or is locally sourced food now having a similar impact on the environment? Do we really release less carbon into the atmosphere when driving to our local farm shop to buy the organically sourced meat and vegetables for our Sunday roast? Take a look at the information below to explore this idea.

## READ

Read this article in response to a recent Channel 4 News piece discussing the sustainability of locally sourced food. Think about how 'we' can do this right, as they suggest:

[Local food benefits go far beyond food miles](https://sustainablefoodplaces.org) - sustainablefoodplaces.org

## WATCH

In this video, Dr Hannah Ritchie discusses a number of climate change related issues. You can either watch all 41 minutes, or just watch from about 24 minutes and 43 seconds. Think about how this could effect the way people shop:

[Hannah Ritchie on replacing eco-anxiety with 'cautious optimism' and how to build a more sustainable world](#) – Channel 4 News

## LISTEN

Listen to this article stating that buying locally sourced food *is* better for climate change:

[Why eating locally sourced food is better for climate change?](#) - YouTube

Which factors of sourcing food globally do you think are the most concerning? Rank them in order of most concerning to least.

## DO

Considering the information from the resources this month, take a look in your fridge and cupboards and ask yourself how much of your household's food is locally sourced, and how much is globally sourced.

This isn't necessarily an exercise to make you think about how you shop, but more to consider what the options are for food consumption now and in the future. Is there a way we can 'get this right'?