



Student Bulletin

19 February 2024

WEEK B

What's on this week? Clubs Timetable - Monday

| BREAK 1 | BREAK 2 | AFTER SCHOOL |
|--|--|---|
| SPARX - all years in MA1 | SPARX - all years in MA1 | Homework Club - all years in the HUB |
| Latin Club - Year 9, 10 and 11 in MU1 | Folk Band - all years in MU1 Year 7 Band - in MU2 | |
| | Dance Club - Year 9 and 10 in DA1 | |
| | Ball games - all years on the Astro Dodgeball Club - Year 7 and 8 in the Gym Basketball Free Play - Year 7 and 8 in the Sports Hall | |



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What's on this week? Clubs Timetable - Tuesday

| BREAK 1 | BREAK 2 | AFTER SCHOOL |
|---------------------------------|--|---|
| SPARX - all years in MA1 | SPARX - all years in MA1 Games Club - all years in MA4 | Homework Club - all years in the HUB |
| | Board Games - all years in MA4 | Sixth Form Band - Year 12 and 13 in MU2 |
| | D&T Green Power Kit Car Club - all years in WS1: WEEK A ONLY | Health and Fitness Club - all years in the Fitness Suite |
| | Male Voice Choir - all years in MU1 Year 10 Band - in MU2 | English Revision - Year 11 in EN2/EN3 |
| | Cricket Club - Year 7 and 8 in the Sports Hall Health and Fitness Club - all years in the Fitness Suite | |
| | Drawing Club - all years in AT1 | |
| | Chemistry Revision - Year 12 and 13 Maths Revision Drop-In - Year 11 in MA6 Psychology Clinic - Year 10 and 11 in RS3 Science Revision - Year 11 in SC1 | |



What's on this week?

Clubs Timetable - Wednesday

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| BREAK 1 | BREAK 2 | AFTER SCHOOL |
|---------------------------------|--|--|
| SPARX - all years in MA1 | SPARX - all years in MA1 | Homework Club - all years in the HUB |
| Year 8 Band - in MU2 | Opera - all years in MU1 Year 9 Band - in MU2 | Opera - all years in MU1 |
| | Ball games - all years on the Astro Volleyball Club - all years in the Gymnasium: GIRLS ONLY Cricket Club - Year 9 and 13 in the Sports Hall | Girls Football Club - all years on the Astro |
| | Geography Intervention – Year 11 (<i>invite only</i>) in GE1, GE2 and GE3 MFL: GCSE Exam Skills - Year 11 in ML1 (<i>invite only</i>) Science Revision - Year 11 in SC4 | Maths Revision Club - Year 11 Foundation in MA2/MA9 |



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What's on this week?

Clubs Timetable - Thursday

| BREAK 1 | BREAK 2 | AFTER SCHOOL |
|---------------------------------|--|--|
| SPARX - all years in MA1 | SPARX - all years in MA1 | Homework Club - all years in the HUB |
| | Coding Club - all years in RM04 | Orchestra - in MU1 |
| | Choir - all years in MU2 | Football Club - Year 7, 8 and 9 on the Astro Girls Health and Fitness Club - all years in the Fitness Suite |
| | Ball games - all years on the Astro Indoor Football - Year 9, 10 and 11 in the Sports Hall: SHIN GUARDS REQUIRED | RS Top Up - Year 10 in RS3 |
| | LGBT+ Pride Club - all years in the Pride Club Room (old counselling room) | Maths Revision Club - Year 11 in MA3 (<i>Foundation</i>) and MA10 (<i>Higher</i>) Science Revision - Year 11 in SC1 |
| | English Revision - Year 11 in EN8 (<i>invite only</i>) | |



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What's on this week?

Clubs Timetable - Friday

| BREAK 1 | BREAK 2 | AFTER SCHOOL |
|---------------------------------|---|--|
| SPARX - all years in MA1 | SPARX - all years in MA1 | Cricket club - all years in the Sports Hall |
| | Uno Club - all years in HY3 | |
| | Chess Club - all years in HY2 | |
| | Star Wars Club - all years in HY1: WEEK B ONLY | |
| | Harry Potter Book and Film Club - Year 7 and 8 in MA8 | |
| | MFL: Appy Friday Homework Support - all years in ML1 | |
| | Show Stoppers - all years in MU1 Year 11 Band - in MU2 | |
| | Dance Club – Year 7 and 8 in DA1 | |
| | Ball games - all years on the Astro Health and Fitness Club – all years in the Fitness Suite Basketball Free Play - Year 9 and 10 in the Sports Hall | |



What's on this week?

Assembly Rota

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| YEAR GROUP | ROOM |
|------------|-------------------|
| Year 7 | JMB up |
| Year 8 | SPH |
| Year 9 | Hall |
| Year 10 | Gym |
| Year 11 | Sixth Form Centre |



Attendance Winners and Best Attending Sixth Form Tutor Group:

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Sixth Form
Tutor Group:





Half Term Attendance Winners and Best Attending Sixth Form Tutor Group:

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Sixth Form
Tutor Group:





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What's going on in the news this week?

ROYAL NEWS

Hope for men's health after King Charles diagnosis - BBC News

Health campaigners said others could be prompted to speak about their health after King Charles III disclosed he had been diagnosed with cancer.

SPORTS NEWS

Six Nations 2024: Talking points after wins for Ireland, England and Scotland - BBC Sport

As we face a weekend break, take a look back at the opening weekend thrillers.

TECHNOLOGY NEWS

Where can people turn for help with 'digital addiction'? - BBC News

Digital addictions are not currently recognised by the NHS or World Health Organization, so where can you turn when the scrolling takes over your life?



Year 11 Science Revision

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| WHEN? | WHAT? | WHERE? |
|--|---|------------|
| Thursday 29th February After school | Chemistry Paper 2 (mock preparation) | SC1 |
| Thursday 7th March After school | Physics Paper 2 (Required Practicals) | SC1 |
| Thursday 21st March After school | Biology (Required Practicals) | SC1 |
| Thursday 28th March After school | Chemistry (Required Practicals) | SC1 |



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SCIENCE

**ALL YEARS HOME
LEARNING IS SET ON:**

TUESDAY

**ALL YEARS HOME
LEARNING IS DUE ON:**

| DAY | TIME |
|---------|---------------|
| Tuesday | Before 8.30am |

**ALL YEARS MISSED
HOME LEARNING
DETENTIONS WILL BE ON:**

| DAY | TIME | ROOM |
|----------|---------|------|
| Thursday | Break 1 | SC7 |

To develop knowledgeable, skillful, inquisitive scientists

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Science Educake and Seneca League Table

Well done to these students for being at the top of the Educake and Seneca leader boards for Science this week!

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Catherine D
Year 11



Mylie-Mae G
Year 10



Amber H
Year 10



Isla M
Year 11



Freddie S
Year 11



Lily C
Year 11



PE clubs loyalty card - what is it?

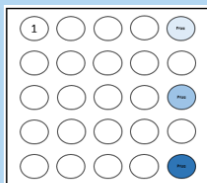
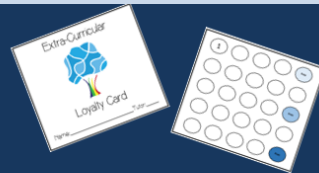
For every PE club you attend (lunchtime or after school) you can collect a sticker. **Stickers = Prizes!**

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PE clubs loyalty card



If you would like to take part, collect your loyalty card from the PE office

Make sure you take it to every PE club you attend

To start with, when you hit a '**prize**' point, you will be given 15 praise points to spend in the shop!

The difference
between ordinary and
extraordinary is that
little extra.

Jimmy Johnson



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The Beehive Breakfast

Free breakfast for all Year 7-11 students

8-8:40 am in the canteen

Menu

Option 1: Toast with
butter and/or jam +
Juice Carton

Option 2: Cereal with
milk + Juice Carton

Additional items must be paid for



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SDCC PRIDE CLUB

Proud to be together

For further information see Mrs. Dixon,
or come along to
Pride Club
every Thursday Break 2
1.30-2pm

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Safeguarding Team:



Tamara Dixon
Designated Safeguarding Lead



Dan Vile
Deputy Designated Safeguarding Lead



Mandy Solly
Head of Year 7



Susie Hill
Head of Year 8



Payman Jaberli
Head of Year 9



Ross Munro
Head of Year 10 & 11



Maxine Theobald
Assistant Pastoral Lead



Shell Hammond
Mental Health Lead



Yolanda Davey
Medical Lead



Stephanie Carter
Assistant Pastoral Lead



Scan this QR code for quick access to the safeguarding report button on the website.





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Qualified First Aiders:



Sue Gilson
Medical Lead



Yolanda Davey
Medical Lead



Tamara Dixon
Designated Safeguarding Lead



Mandy Solly
Head of Year 7



Ross Munro
Head of Year 10 & 11



Shell Hammond
Mental Health Lead



Rick Dale
D&T Technician

Alvin Wilson
Site Manager

Chris Tregidgo
Operations Manager

Louise Ogley
Teaching Assistant

PE Department
all PE staff

If you are unwell during lesson time, please let your teacher know. They will inform the First Aider, who will come to the classroom for you.

Any medication that needs to be taken, please let your teacher know and they will inform the First Aider who will then bring your medication to you.

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Wellbeing Bulletin

SPRING 2024

The New Year - a time for fresh starts and new beginnings. A time to leave the past behind and step onto a new path going forward.
Our history is a reference point, a place that helped shape but not define, gave memories and prepared us for this moment in time.
If you are struggling with the past and have fear of that new path, then take a leap of faith and reach out for help. The future is yours and your path can be one full of happiness - don't let talking hold you back. Make that call.

#ITSOKAYTOTALK
#ANDYSMANCLUB


Marmalade
TRUST

StepChange
Debt Charity
0800 046 5868

KOOTH.com
FREE ONLINE SUPPORT FOR YOUNG PEOPLE

In-school support:
School Counsellor: Monday
School Chaplaincy service: Thursday
Devon Child and Family Services : Tuesday, plus arranged 1:1 session online
Drop-in sessions with Mental Health Lead: Break 1 every day
Young Carers drop in: Monday lunchtime
Drawing and Talking - support sessions with Mental Health Lead: Timetabled
Students can self-refer to any of the above through Self-Referral Forms obtained from Tutors or Heads of Year

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It can be hard when you are dealing with your own mental health or that of others.

If you feel that you would like someone to talk to or some advice, please pop and see Mrs Hammond, our Well Being and Mental Health Lead, during break 1 (available everyday). For Young Carers this is available on Monday during break 2.



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**DISCOVER
LIFE FROM
A NEW
ANGLE**

ramm

**FREE
WORKSHOPS
FOR
12-15s**

**YOUTH
ARTS &
HEALTH
TRUST**

Snap up this opportunity to learn new digital skills and tips from a professional photographer. Discover how to take amazing photos and explore exciting new places in a supportive and relaxed group.

Adventure across Dartmoor and in Exeter's museum (RAMM) with photographer Jo Bradford, getting creative and discovering new things.

There will be an exhibition at RAMM where you can show off your creative endeavours to celebrate what you've achieved.

Email info@youthartsandhealth.org to find out more about the 'Dartmoor Frame of Mind' project.

All you need is a computer or tablet and a smartphone. No previous photography experience needed.



This project is jointly hosted by Royal Albert Memorial Museum & Art Gallery, South Arts for Health Trust and Green Island Studios. Funded by Exeter City Council, Arts Council England, Bampton Trust and Norman Family Charitable Trust.

The Royal Albert Memorial Museum (RAMM) in Exeter are offering a fantastic opportunity to keen photographers!

Please feel free to speak to a member of the Art team for more information or advice.



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The
SUPER CURRICULUM
at South Dartmoor Community College

The Super Curriculum at South Dartmoor Community College offers students the opportunity to extend their learning beyond the classroom.

Inspiring greater confidence in a wide range of subjects, it encourages students to develop new ideas and opinions as well as critical thinking and analytical skills, and nurtures their curiosity to independently seek and understand new information from a variety of sources.


READ Books, news articles, reports, websites

WATCH YouTube videos, films, interviews, documentaries

LISTEN Podcasts, radio programmes, series


DO Make, visit, write, draw, cook, create, take part, volunteer

SCAN the QR code to explore the Super Curriculum on the college website



Super Curriculum

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The Praise Shop is back!

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PRAISE SHOP

Every Wednesday
during break 2.





Calling all GCSE and A Level 2023 students!

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The time has come for you to collect your precious **exam and coursework**, so please email your teacher from last year to arrange a time and date for collection. Any work from Mrs. Rashidi's classes, please go to Mr. Bradford.



This can be arranged on any date from **Monday 6th November**. Please give two to three days notice, so that work can be gathered and left at reception ready for collection. **Work will only be held until September 2024.**

Thank you all for your amazing efforts throughout your studies and the examination process!



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Everything
for Everyone,
Everyday!

Menu

19 - 23 February
and 11 - 15 March

MONDAY
Oriental Soy Pork
or
Oriental Wok Tossed Quorn

Side Egg Noodles & Stir-Fried Vegetables

TUESDAY
Jamaican Jerk Chicken &
Homemade Cornbread
or
Loaded Mac n Cheese

Side Leafy Salad Crusty Bread

WEDNESDAY
Butcher's Sausages in a Glanz
Yorkshire Pudding
or
Quorn Sausages in a Glanz
Yorkshire Pudding

Side Creamed Potatoes, Peas & Gravy



THURSDAY
Chicken Shawarma E3 Slaw
or
Harissa Roasted Cauliflower
& Chickpea Salad

Side Roasted Root Veg

FRIDAY
Norse Fishcastic Wrap
or
Red Pepper & Sweetcorn Pittababa

Side Chips or Wholemeal Pasta,
Baked Beans or Peas



**SOUTH WEST
horse**

Main Meal of the Day

£2.65

Served at
second break only