



Ashmoor Sports Centre

Clubs & Classes Timetable

January – March 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sports Hall Badminton 5pm-6pm	Sports Hall High 5's Netball (Children) 5:30pm-6:30pm	Sports Hall Badminton 5pm-6pm		Sports Hall Ashmoor Hockey Club (Juniors) 5pm-8pm		Fitness Suite Cat Howard Group PT 9:30am-10:30am
Gymnasium Cat Howard Circuits Class 6:30pm-7:30pm	Tennis Courts Ashburton Tennis Club 5pm-7pm	Gymnasium Martial Arts 4 Fun 5pm-8pm	Gymnasium Aikido 7:15pm- 9:15pm		Gymnasium Aikido 10:30am-12:30pm	
		Sports Hall Cat Howard HIIT Class 6:15pm-7:00pm			Tennis Courts Ashburton Tennis Club 10am-12pm	
		Sports Hall Netball Club 7:15pm-8:15pm				

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