

UK Health Security Agency South West

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www.gov.uk/government/ organisations/uk-healthsecurity-agency

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Dear parent / carer

We have been informed that a couple of children who attend the school have been diagnosed with suspected/confirmed Strep A or Scarlet Fever.

Although this is usually a mild illness, it should be treated with antibiotics to minimise the risk of complications and reduce the spread to others.

The **symptoms** include a sore throat, headache, fever, nausea and vomiting. This is followed by a fine red rash which typically first appears on the chest and stomach, rapidly spreading to other parts of the body. On more darkly-pigmented skin, the scarlet rash may be harder to spot, but it should feel like 'sandpaper'. The face can be flushed red but pale around the mouth.

If you think you, or your child, have Strep A or related conditions such as Scarlet Fever:

- See your GP or contact NHS 111 as soon as possible
- Make sure that you/your child takes the full course of any antibiotics prescribed by the doctor.
- Stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection.

Complications

Children who have **Flu** or **chickenpox** at the same time are more likely to develop more serious infection during an outbreak and so parents should remain vigilant for symptoms such as a persistent high fever, cellulitis (skin infection) and arthritis (joint pain and swelling). If you are concerned for any reason please seek medical assistance immediately.

If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed.

You can find more information in the attached **Frequently Asked Questions**.

Yours sincerely

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Mrs Jen Veal Executive Head teacher, South Dartmoor Communiyt College On behalf of UK Health Security Agency