






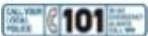






Support Toolkit

Service	Description	Contact	Website
Pinpoint Devon 	Directory of community services available in Devon	0345 155 1015 pinpoint@devon.gov.uk	www.pinpointdevon.co.uk
Kooth 	Mental Health Support	0800 45 46 47	www.kooth.com
Shout 	Crisis 24/7 text service	85258 (text)	https://giveusashout.org/
Childline 	Confidential support service	0800 1111	www.childline.org.uk
Young Devon 	Young carers	01626 202530 yes.newtonabbot@youngdevon.org	https://www.youngdevon.org/where-we-work/newton-abbot-yes-centre
Early Help 	Family intervention support	0345 1551071 Earlyhelpsouthsecure-mailbox@devon.gov.uk	https://www.dcfp.org.uk/early-help/
Ysmart 	Drugs/alcohol/substance	01271 388162 y-smart@devon.gov.uk	http://ysmart.org.uk/
Police 101 	Safeguarding/welfare concerns	101 Contact Form on website	https://www.devon-cornwall.police.uk/contact/contact-forms/101-non-emergency/
NSPCC 	All concerns for students	0800 800 5000 help@nspcc.org.uk	https://www.nspcc.org.uk/
Young Minds 	Mental Health Support	Young person text: YM to 85258 Parents' helpline: 0808 802 5544	https://www.youngminds.org.uk
Woebot 	Online CBT app	Free app	https://woebothealth.com/
Mermaids 	For LGBTQIA students	0808 801 0400 info@mermaidsuk.org.uk	https://mermaidsuk.org.uk/

Service	Description	Contact	Website
Mind 	Mental Health Support	0300 123 3393 info@mind.org.uk	https://www.mind.org.uk/
Only Mums 	A not-for-profit social enterprise supporting families through separation. We have a team of volunteer family lawyers who can be contacted, free of charge.	info@onlymums.org	https://www.onlymums.org/
Papyrus 	Prevention of Young Suicide	Text: 07860039967 Call: 0800 0684141 pat@papyrus-uk.org	https://www.papyrus-uk.org/
Pete's Dragons 	Suicide bereavement support and counselling, for people bereaved or impacted by suicide.	01395 277780	www.petesdragons.org.uk
Devon Transport 	Transport support	schooltransportservicequeries-mailbox@devon.gov.uk	https://www.devon.gov.uk/educationandfamilies/school-information/school-and-college-transport
Kinship 	Support for extended care-givers	0300 123 7015 info@kinship.org.uk	Speak to a Kinship adviser - Kinship Compass
Gingerbread 	Support for single parents	0808 802 0925	www.gingerbread.org.uk
Anna Freud National Centre for Children and Families 	Mental health and wellbeing support for children and families	020 7794 2313 info@annafreud.org	www.annafreud.org.uk