

Welcome to NCS

You have just begun your NCS journey; Get ready for an incredible summer...

Your NCS Summer programme:

NCS is a once in a lifetime opportunity open to all 15, 16 and 17 year olds across the country. It takes place in the summer holidays over 4 weeks. NCS is a part-residential experience focused around fun and discovery, with 30 hours committed to your team's 'Make a Difference' project. Students work in teams of twelve to fifteen, meeting new people from different backgrounds.

NCS is something that is recognised by employers and UCAS as a way to develop leadership, teamwork and communication skills and it's a great use of part of the summer holidays. Your NCS program will be run by **South West Lakes**, who are new to our network of partners, but have put together an exciting programme.

The Dates:

Wave 1: Monday 15th June – Friday 10th July (all weekends are free)

Wave 2: Monday 22nd June – Friday 10th July (all weekends are free) **SOLD OUT**

Wave 3: Monday 29th June – Friday 17th July (all weekends are free) **SOLD OUT**

Wave 4: Monday 6th July – Friday 31st July (all weekends are free)

Wave 5: Monday 13th July – Friday 7th August (all weekends are free)

Wave 6: Monday 20th July – Friday 14th August (all weekends are free)

The details:

Week 1: In your NCS teams you will head off to Wimbleball Lake, on Exmoor, Somerset and have the opportunity to participate in activities such as windsurfing, kayaking, high ropes, SUP boards, problem solving challenges among others– with the focus on developing confidence, leadership and team work.

Week 2: You will spend the week away again, but this time at Plymouth University, learning essential life skills such as budgeting, cooking and giving that initial sense of independence. We also run workshops on things like health and wellbeing, anxiety, presentation skills, a personal statement workshop, and communication skills.

Weeks 3-4: You are back at home but continue to work in your team to give something back to your community by planning and delivering a 30 hour social action project. This is led by you, with the help of NCS staff.

Graduation: You and your family will be invited to a graduation ceremony to celebrate your achievements and receive a certificate signed by the Prime Minister to put in your record of achievement.

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The Cost:

The whole **four week** experience costs a maximum of £50! That covers ALL accommodation, food and activities. There are some bursaries available too, just give us a call to find out more 0800 197 80 10. **Until 16/03/2020, for South Dartmoor Community College Students only, the programme is £30! After that, the cost is back to £50!**

How to sign up:

You have three options to get signed up for the summer opportunity.





Online: The easiest way is to sign up online by heading to www.wearencs.com and click on **SIGN UP NOW** complete the online sign up and make your payment – Your place will be secured in less than 7 minutes.

By phone: Call the national NCS support line on 0800 197 80 10 and they will fill in the form for you over the phone. This is especially good if you would like to enquire about any bursaries that NCS can offer you.

Form: Bring the straight to sign up form, that your son/ daughter should have brought home with them back to me, in school on Friday 13th March at either break time!

What will happen once I've signed up?

Once you are all signed up you will be contacted by South West Lakes and sent all the information you need via email with information links plus, you will get a welcome pack which will have in it;

-  NCS Goodies
-  Frequently asked questions about NCS
-  NCS insight session dates
-  Kit List

“Best experience to start the summer off right. It lived up to all its advertisements and definitely made me feel unstoppable! Only downside was that it should have been longer for me to enjoy with my new made friends”

NCS graduate,
Newton Abbot.

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