

### **What we will be learning over the duration of the course**

Students will cover the following topic areas throughout the course. It is up to each class teacher when and how they are taught. This depends on class response, ability and preference.

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being

Mock exams and end of unit tests will also be set at teacher discretion.

60% of the course is assessed via two theory exams. 40% of the course is assessed via your practical Sporting ability.

### **How we will be learning (Learning approaches including Learning Habits)**

Students study during two 60 minute lessons per week. These sessions will be shared across both the theory and practical aspects of the course.

Students will find that all of the learning habits will be present throughout the GCSE PE course. As well as whole class discussion, students frequently work in small teams and as individuals, allowing them to develop numerous habits (such as independence, questioning, discussing learning, planning and monitoring) in different learning environments. Students are particularly encouraged to develop their ability to make revisions by learning from their mistakes and taking on board feedback and targets- which may come from the teacher, a peer or themselves. This is also in line with the College policy on using IACT opportunities.

The skills and learning habits developed within GCSE PE frequently compliment and link with other subjects; this is something we actively encourage as a student will learn most effectively when they can transfer existing skills and enhance them further through other realms.

### **Try this at home**

- Access past papers and mark schemes on the AQA Website.
- Access *Show My Homework* to look at backdated home learning tasks and resources.
- Use YouTube to watch documentaries and video clips of the theory in action.
- Read current Sports news via the internet to keep up-to-date with current issues in sport (eg drug scandals, new technologies, controversial decisions in football).
- Use interactive websites such as Seneca Learning and GCSE PE BBC bitesize.