



Dance in Year 7 & Year 8



Dance forms part of the KS3 PE curriculum and all students will access one block of Dance in Year 7 & Year 8. We aim to provide students with a deep knowledge & understanding of Dance and how it is created, performed and appreciated. Dance is a fantastic way to develop physical & technical ability and it provides students with an opportunity to nurture their own creativity.

What does **Dance in Year 7** look like?

Unit 1: Jump Right In – An Introduction to Dance

- 🎯 Develop an understanding of performance and choreographic skills, what they look like in practice and discovering ways to develop these skills.
- 🎯 The craft of choreography – working from a stimulus, improvising, refining, performing.
- 🎯 Appreciation of dance, understanding what effective feedback is & how to use it to make progress.
- 🎯 Introducing the work of professional Dance companies to inspire an appreciation of a range of professional works (genre and style) and choreographic approaches.

What does **Dance in Year 8** look like?

Unit 1: Next Step Up – Securing an Understanding of Performance & Choreography

- 🎯 Uncovering the stimuli and choreographic intentions from a range of professional works.
- 🎯 Considering how a range of stimuli can be used in order to create choreography.
- 🎯 Developing action content that successfully communicates a stimulus and choreographic intention.
- 🎯 Considering how to select and apply the most appropriate performance and choreographic skills in support of communicating the choreographic intention.
- 🎯 Using a range of feedback methods to support the growth of choreographic ideas and to enable a successful performance.



How will Dance in KS3 help me to become the best learner I can be?

We discuss learning experiences and reflect

You will work collaboratively and independently

You can transfer physical skills across a range of sports

It allows your mind to create a range of possibilities

It builds resilience and confidence

For more information about GCSE Dance please contact Miss Cowell

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Opening Doors through Education