

REVISION

What works and what doesn't

How can you say your
truth is better than
ours?

Mumford and Sons, *I Gave You All*, 2009

CREDITS

- ⦿ Ideas of HOW to revise come from New Scientist 28th March 2015
- ⦿ These represent the results of a combination of various studies into research habits.
- ⦿ Sample sizes and methods varied but the outcomes here are all statistically significant.
- ⦿ For more detail, find “Know it all” on the New Scientist website or ask LVK to borrow his copy!

What doesn't work

According to research, the following ideas are less effective ways of remembering things.

They work but you have to do more to get the same result:

- × Highlighting and underlining
- × Re-reading important texts
- × Keyword mnemonics
- × Copying your notes
- × Elaborate mental imagery
- × Personalised learning styles
- × Summarising the material

Successful revision

- ◎ Four strands to getting the best possible outcome:
 1. When
 2. Where
 3. What
 4. How

WHEN to work

Time based revision allows you to know that you've finished; feel good about having achieved something; and keep a track on what you are doing.

- During the day.
- Be realistic in your intentions. (see WHAT to revise)
- When it's time, take a break.
- Get back to work afterwards.

WHERE to work

Giving yourself a space that is *only* for work is an important psychological first step in getting you to learn.

- Choose somewhere that is not too comfy!
- It should be dedicated “work area”.
- Put your phone somewhere else (see WHEN to work)
- If you like listening to music choose a long playlist or cd that you can play and forget about.

WHAT to revise

Successful revision starts with a clear idea of what you want to actually achieve.

- ⦿ Make a list.
- ⦿ Choose ONE of these to focus on at a time.
- ⦿ Once you've achieved this, give yourself a pat on the back!

HOW to revise

This is the important part: what actually works best in the least amount of time?

These strategies have been shown, in studies, to be the most successful ways of revising.

HOW to revise

- ⦿ Practise remembering
- ⦿ Group work
- ⦿ “Teach” someone else
- ⦿ Passive revision
- ⦿ Recognise your hard work

How to help

As a parent, what can be done to actually help, especially if they are revising something I don't understand?!

- ⦿ Planning is the hardest part
- ⦿ Establish routine
- ⦿ Supportive environment
- ⦿ Beginnings and ends

If only I had an enemy
bigger than my apathy,
I would have won

Mumford and Sons, *I Gave You All*, 2009

Further Reading

- www.gettrivising.co.uk
- <https://www.tes.com/revision-tips/revision-mind-tricks-use-force-exam-success>
- <https://www.tes.com/revision-tips/how-visual-learning-can-enhance-revision>
- <https://www.theguardian.com/teacher-network/2016/may/10/six-ways-students-can-prepare-for-success-on-the-day-of-an-exam>
- <http://ideas.time.com/2011/11/30/the-protege-effect/>
- <http://www.bbc.co.uk/news/health-22565912>
- <https://www.google.co.uk/amp/s/amp.theguardian.com/teacher-network/2016/apr/19/students-revise-exams-revision-science>