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**South Dartmoor**

**Where Can I Get Help**



**National helplines**

Child line: 0800 1111

NSPCC: 0808 800 5000

Runaway 24/7 helpline: 116000

CEOP online reporting: [www.ceop.police.uk](http://www.ceop.police.uk)

Women’s Aid and Refuge – 0808 2000

The Samaritans – 08457 90 90 90

The National Stalking Helpline – 0808 802 0300

BLAST! – [www.mesmac.co.uk](http://www.mesmac.co.uk) - Provides support and guidance for young people experiencing sexual exploitation.

**Drugs & Alcohol Support**

FRANK – 0300 123 6600

[www.talktofrank.com](http://www.talktofrank.com)

### Drug & Alcohol Services T: 01271 388162 | E: info@ysmart.org.uk

**Early Help for Mental Health**

* http://www.kooth.com
* Young Devon 08082 810 155
* [www.youngdevon.org](http://www.youngdevon.org)

**College reporting system**

The College has a reporting button on the College website which enables students to report concerns to the College anonymously.

