South Dartmoor Tutorial Calendar 2017-18



w/c	Tutorial Focus Area YEARS 7-10	YEAR 11
1 4th Sept	Tutor group routines – what do we need to have to make our tutor family successful within house Getting to know you activities Ready learn expectations – students to agree tutor group expectations Family Genealogy	Tutor group routines – what do we need to have to make our tutor family successful within house Getting to know you activities Ready learn expectations Family Genealogy
2 11 th Sept	Managing risk 1 The dangers of social media Social media – safety awareness – reporting and protection The law regarding youth produced sexual imaginary College mobile phone policy	Managing risk 1 The dangers of social media Social media – safety awareness – reporting and protection The law regarding youth produced sexual imaginary
3 18 th Sept	Managing risk 2 The dangers of alcohol and substances – case study How do I manage the situation I am going to face? What are the different risks facing different year groups and gender? What are new psychoactive substances?	Managing risk 2 The dangers of alcohol and substances – case study How do I manage the situation I am going to face? What are the different risks facing different year groups and gender? What are new psychoactive substances?
4 25 th Sept	Progress & Well-being week College expectations - Attendance targets – Knowing my attendance Tutor group activity – team building/working as a group	Progress & Well-being week College expectations - Attendance targets – Knowing my attendance CV & PS

5 2 nd Oct	Body image, Self-esteem and gender awareness Porno	graphy – Lead and supported by BUR		
6 9 th Oct 7	Progress & Well-being week Attendance targets Tutor group activity – team building Healthy lifestyles 1 Understanding mental health	Progress & Well-being week Attendance targets CV & PS Healthy lifestyles 1 Understanding mental health		
16 th Oct	What support is available?	What support is available? Coping strategies for exam stress How do I cope?		
Half Term WB 23 rd October – 6 th November				
8 6 th Nov	Progress & Well-being week Review my attendance Tutor group activity – team building	Progress & Well-being week Review my attendance CV & PS		
9 13 th Nov	Anti-bullying week The effects of Bullying The types of bullying The use of the Internet	Anti-bullying week The effects of Bullying The types of bullying The use of the Internet		
10 20 th Nov	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS		
11 27 th Nov	Celebrating Differences & Similarities How do we challenge prejudice & Discrimination – What are British values? Homophobic and racist language, and language that is derogatory about disabled people –specifically verbal comments in our College Race, Religion, ability, disability, gender and SEN, age and sexual orientation	Revision Revision techniques and strategies Revision timetables Input from English, Maths and Science		

12 4 th Dec	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS
13 11 th Dec	What is meant by CSE? What is Sexual exploitation? What is the law state in regards to sending explicit images?	What is meant by CSE? What is Sexual exploitation? What is the law state in regards to sending explicit images?
14 18 th Dec	Progress & Well-being week	Progress & Well-being week
	End of Term Christmas Holidays	
15 3 rd Jan 16 8 th	Progress & Well-being week Review my attendance Tutor group activity – team building Women's week - Lead and supported by BUR Gender roles in society	Progress & Well-being week Review my attendance CV & PS How do I learn? Learning styles & Memory
Jan 17 15 th Jan	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS
18 22 nd Jan	Internet Safety – What is meant by extremism? What are the warning signs? What is radicalisation? Case studies	Internet Safety – What is meant by extremism? What are the warning signs? What is radicalisation? Case studies
19 29 th Jan	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS

20 5 th Feb	First Aid Basic first aid What do in an emergency	Dealing with Pressure & Stress Relaxation techniques The impact of sleep Different pressures faced within college, home, friendship groups and the community and exams
	Half Term	
	WB 12 th February – 16 th February	
21 19 th Feb	Progress & Well-being week Review my attendance Tutor group activity – team building	Progress & Well-being week Review my attendance CV & PS
22 26 th Feb	Careers week Careers fair	Careers week Personal budgeting: wages, tax and investment Careers fair
23 5 th March	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS
24 12 th March	How we contribute to groups, teams and communities What are the skills we need and can we practice these? Why is it important to contribute even if I find it difficult? Getting stuck	Psychology Why do we forget Mindset – Carol Dweck
25 19 th March	Progress & Well-being week Attendance targets Tutor group activity – team building	Progress & Well-being week Attendance targets CV & PS
26 26 th March	Employability – Careers 2 Team work, leadership and developing resilience	Employability – Careers 2 Team work, leadership and developing resilience Planning and Writing letters of application Interview techniques

	End of Term WB 2 nd April – 13 th April		
27	Progress & Well-being week	Progress & Well-being week	
16 th	Attendance targets	Attendance targets	
April	Tutor group activity – team building	CV & PS	
28	Consent and coercion	Consent and coercion	
23 rd	Sexual relationships Age of consent	Sexual relationships Age of consent	
April	Contraception – school nurse input What is a healthy relationship?	Contraception – school nurse input What is a healthy relationship?	
29	Progress & Well-being week	Exam preparation	
30 th	Attendance targets	Memory and to memorize effectively	
April	Tutor group activity – team building		
30	What are British values?	Exam preparation	
7 th	Ten core values	Revision techniques	
May	How to be a good citizen	Reviewing revising timetable	
31	Progress & Well-being week	Dealing with Dunas and G. Church	
14 th	Attendance targets	Dealing with Pressure & Stress Relaxation techniques	
May	Tutor group activity – team building	Relaxation techniques	
32	Healthy lifestyles 2		
21 st	What 'being healthy' can mean	Complete CV and personal statement	
May	Heathy routines Diet	ROA completed	
	Half term		
WB 28 TH May - 1 st June YEAR 11 STUDY LEAVE			
33	Progress & Well-being week		
4 th	Review attendance targets	Study leave	
June	Tutor group activity – team building		

34	Healthy lifestyles 3	Study leave
6 th	Cult of celebrity	
June	Body image	
	Media and young people	
35	Progress & Well-being week	Study leave
11 th	Review attendance targets	
June	Tutor group activity – team building	
36	Managing risk 3	Study leave
18 th	Keeping safe over the summer holidays	
June	What are the risks?	
	Water safety	6. 1.1
37	Progress & Well-being week	Study leave
25 th	Review attendance targets	
June	Tutor group activity – team building	
38	Progress & Well-being week	Study leave
2 nd	Review attendance targets	
July	Tutor group activity – team building	
Jary		
39	Transition week	Study leave
9 th		,
	Welcome new year 6 students Introduction to tutor group	
July	Getting to know you	
	Getting to know you	
40		
16th	Enrichment Week	
July		

TUTORIAL FOCUS WEEKS

• Delivery planned tutorials & activities – covering health and wellbeing, relationships and living in the wider world

PROGRESS & WELL- BEING WEEKS

- INTER-HOUSE ACTIVITIES
- TARGET SETTING
- Pupil premium tutorials, coaching and target setting
- GROUP/INDIVIDUAL TUTORIALS
- ATTENDANCE MONITORING AND REVIEWING
- TUTOR GROUP CHALLENGES AND ACTIVITIES