



# WAYS YOU CAN HELP YOUR CHILD SUCCEED AT SCHOOL



**SOUTH DARTMOOR ACADEMY**





# INTRODUCTION

As a parent or carer, you are your child's first and most important teacher.

Evidence shows that when a parent/carer is involved with their child's schooling, the child does better and has better feelings about going to school. In fact, this goes further. Studies have proven that when parents/carers and families are involved with their child's schooling, this has more success and impact than how much money a family has or indeed how much education a parent or carer has.

There are many ways in which a parent/carer can help their child at home and throughout the school year and beyond the school year.

Here are the top tips to help with this!



# SUPPORT YOUR CHILD'S LEARNING PROCESS

- Find out how your child is doing. This can be done through DC Reports which should always be reviewed but also through your links to staff. If you think your child is performing well, in any area, support this through praising the hard work that has been done.
- If you feel your child is coasting or not keeping up – act early! Early intervention is proven to be the most effective for improving progress. Contact the school.
- Make sure home learning is completed – regularly check Show My Homework. Let your child know that you think home learning is important and should be completed each day. Set aside a special space where this can be done and regular times for completion. Agree that no distractions such as TV or Social Media should be done during this regular completion time.

Top  
Tip 2



# SUPPORT YOUR CHILD'S LEARNING PROCESSES

- Find ways to help with homework if needed or encourage other help (contact school, after school clubs, lunch clubs or spaces, libraries, older students, other friends or experts). Some families support younger students with projects by creating research teams.
- Help with any preparation for tests. Find out about what is being tested. Do general quizzes together on TV – this supports on-going thinking and thinking under time pressure. Developing noticing habits daily and talking about their learning helps reduce the amount that needs revising.
- Apply for any additional support you think your child needs if you feel that your child needs support learning. What is important is that your child has the education they need to be successful.
- Packing their bag in good time or the evening before to avoid the morning rush. Eating properly at regular times (breakfast, lunch, dinner). Allow time to get to school in good time to reduce stress and give daily settling in time.

How much HW a day?  
45-90 minutes in Year 7 & 8.  
60-120 minutes in Year 9;  
90-150 minutes in Years 10 & 11

