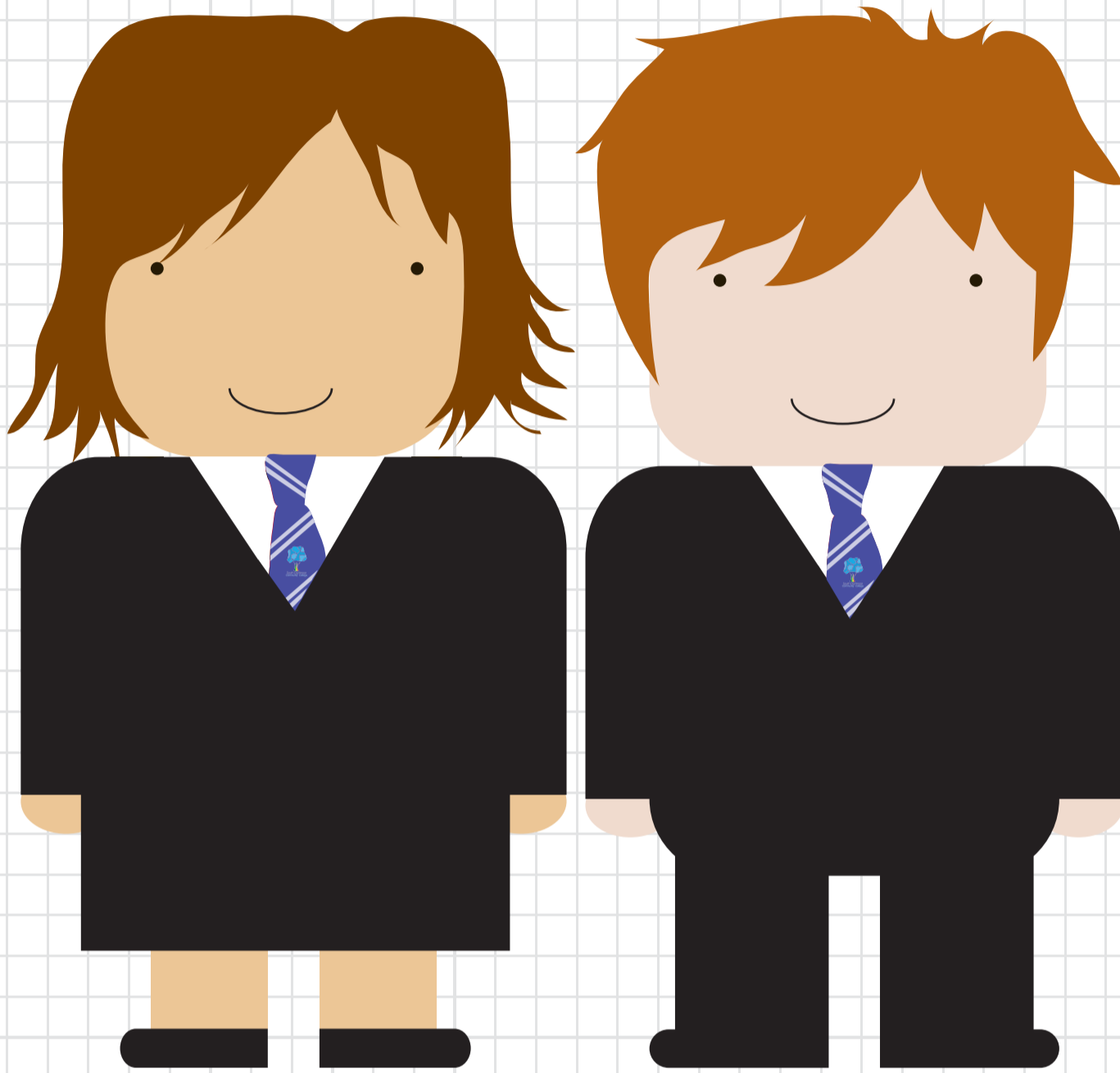


Learning Habits...

Strategic



- Planning your learning in advance
- Monitoring your progress
- Making revisions & changes
- Distilling what you have learnt and what you need to learn
- Talking about how you have been learning

‘You have to expect things of yourself before you can do them’

Michael Jordan